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In any non – obtuse ΔABC , the following relationship holds :

$$h_a^2 + h_b^2 + h_c^2 + \frac{18F^2}{m_a^2 + m_b^2 + m_c^2} \geq 8F + 4R^2 \cos A \cos B \cos C$$

When does equality hold ?

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Case 1 ΔABC is right triangle and WLOG we may assume $A = 90^\circ$; then :

$$\begin{aligned} a^2 &= b^2 + c^2 \stackrel{A-G}{\geq} \frac{2bc}{a} \Rightarrow 8R^3 \sin^3 90^\circ = 8Rrs \Rightarrow R^2 \geq r(2R + r) \\ &\Rightarrow t^2 - 2t - 1 \geq 0 \text{ with equality iff } \Delta ABC \text{ is right isosceles} \rightarrow (i) \\ &\quad \Delta ABC \text{ is right triangle} \Rightarrow s = 2R + r \text{ and} \\ h_a^2 + h_b^2 + h_c^2 + \frac{18F^2}{m_a^2 + m_b^2 + m_c^2} &\geq 8F + 4R^2 \cos A \cos B \cos C \\ \Leftrightarrow \frac{(s^2 + 4Rr + r^2)^2 - 16Rrs^2}{4R^2} + \frac{18r^2s^2}{\frac{3}{2}(s^2 - 4Rr - r^2)} &\geq 8rs \\ \Leftrightarrow \frac{((2R + r)^2 + 4Rr + r^2)^2 - 16Rr(2R + r)^2}{4R^2} + \frac{12r^2(2R + r)^2}{4R^2} &\geq 8r(2R + r) \\ \Leftrightarrow R^4 - 4R^3r + 2R^2r^2 + 4Rr^3 + r^4 \geq 0 &\Leftrightarrow \left[(t^2 - 2t - 1)^2 \geq 0 \right] \left(t = \frac{R}{r} \right) \rightarrow \text{true} \end{aligned}$$

with equality iff ΔABC is right isosceles (via (i))

Case 2 ΔABC is acute $\Rightarrow b^2 + c^2 > a^2$ and analogs $\therefore a^2, b^2, c^2$ form sides of a triangle XYZ (say) $\therefore h_a^2 + h_b^2 + h_c^2 + \frac{18F^2}{m_a^2 + m_b^2 + m_c^2} - 4R^2 \cos A \cos B \cos C$

$$\begin{aligned} &= \frac{\sum_{\text{cyc}} a^2 b^2}{\frac{4a^2 b^2 c^2}{2 \sum_{\text{cyc}} a^2 b^2 - \sum_{\text{cyc}} a^4}} + \frac{\frac{18}{16} (2 \sum_{\text{cyc}} a^2 b^2 - \sum_{\text{cyc}} a^4)}{\frac{3}{4} \sum_{\text{cyc}} a^2} - \left((s^2 - 4Rr - r^2) - 4R^2 \right) \\ &= \frac{(\sum_{\text{cyc}} xy)(2 \sum_{\text{cyc}} xy - \sum_{\text{cyc}} x^2)}{4xyz} + \frac{\frac{9}{8} \cdot \frac{4}{3} \cdot (2 \sum_{\text{cyc}} xy - \sum_{\text{cyc}} x^2)}{\sum_{\text{cyc}} x} \\ &\quad - \frac{\sum_{\text{cyc}} a^2}{2} + \frac{4xyz}{2 \sum_{\text{cyc}} xy - \sum_{\text{cyc}} x^2} \\ &= \frac{(\sum_{\text{cyc}} xy)(2 \sum_{\text{cyc}} xy - \sum_{\text{cyc}} x^2)}{4xyz} + \frac{\frac{9}{8} \cdot \frac{4}{3} \cdot (2 \sum_{\text{cyc}} xy - \sum_{\text{cyc}} x^2)}{\sum_{\text{cyc}} x} - \frac{\sum_{\text{cyc}} x}{2} \\ &+ \frac{4xyz}{2 \sum_{\text{cyc}} xy - \sum_{\text{cyc}} x^2} \geq 8F = 2 \cdot \sqrt{2 \sum_{\text{cyc}} a^2 b^2 - \sum_{\text{cyc}} a^4} = 2 \cdot \sqrt{2 \sum_{\text{cyc}} xy - \sum_{\text{cyc}} x^2} \\ &\Leftrightarrow \frac{(\sum_{\text{cyc}} xy)(2 \sum_{\text{cyc}} xy - \sum_{\text{cyc}} x^2)}{4xyz} + \frac{\frac{9}{8} \cdot \frac{4}{3} \cdot (2 \sum_{\text{cyc}} xy - \sum_{\text{cyc}} x^2)}{\sum_{\text{cyc}} x} - \frac{\sum_{\text{cyc}} x}{2} \end{aligned}$$

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$$+ \frac{4xyz}{2\sum_{yc} xy - \sum_{cyc} x^2} \stackrel{(*)}{\geq} 2 \cdot \sqrt{2 \sum_{yc} xy - \sum_{cyc} x^2}$$

Now, we shall prove that $\forall \Delta ABC :$

$$\begin{aligned} & \frac{(\sum_{yc} ab)(2\sum_{yc} ab - \sum_{cyc} a^2)}{4abc} + \frac{\frac{9}{8} \cdot \frac{4}{3} \cdot (2\sum_{yc} ab - \sum_{cyc} a^2)}{\sum_{cyc} a} - \frac{\sum_{cyc} a}{2} \\ & + \frac{4abc}{2\sum_{yc} ab - \sum_{cyc} a^2} \stackrel{(*)}{\geq} 2 \cdot \sqrt{2 \sum_{yc} ab - \sum_{cyc} a^2} \\ (\bullet) & \Leftrightarrow \frac{(s^2 + 4Rr + r^2)(2(s^2 + 4Rr + r^2) - 2(s^2 - 4Rr - r^2))}{16Rrs} \\ & + \frac{\frac{9}{8} \cdot \frac{4}{3} \cdot (16Rr + 4r^2)}{2s} - s + \frac{16Rrs}{16Rr + 4r^2} \geq 2 \cdot \sqrt{16Rr + 4r^2} \\ & \Leftrightarrow \frac{(s^2 + 16Rr + r^2)(4R + r)^2 - 4R(4R + r)s^2 + 16R^2s^2}{4Rs(4R + r)} \geq 2 \cdot \sqrt{16Rr + 4r^2} \\ & \Leftrightarrow \frac{(4R + r)((4R + r)(16Rr + r^2) + rs^2) + 16R^2s^2}{4Rs(4R + r)} \geq 2 \cdot \sqrt{16Rr + 4r^2} \Leftrightarrow \\ & ((4R + r)((4R + r)(16Rr + r^2) + rs^2) + 16R^2s^2)^2 \geq 256(4Rr + r^2)R^2s^2(4R + r)^2 \\ & \Leftrightarrow (256R^4 + 128R^3r + 48R^2r^2 + 8Rr^3 + r^4)s^4 \\ & - rs^2(8192R^5 + 5632R^4r + 640R^3r^2 - 256R^2r^3 - 56Rr^4 - 2r^5) \\ & + r^2(65536R^6 + 73728R^5r + 33024R^4r^2 + 7424R^3r^3 + 864R^2r^4) \stackrel{(\bullet)}{\geq} 0 \end{aligned}$$

\because LHS of (\bullet) is a quadratic polynomial in s^2 \therefore in order to prove (\bullet) , it suffices to prove : $r^2(8192R^5 + 5632R^4r + 640R^3r^2 - 256R^2r^3 - 56Rr^4 - 2r^5)^2$
 $- 4(256R^4 + 128R^3r + 48R^2r^2 + 8Rr^3 + r^4) \cdot r^2(65536R^6 + 73728R^5r + 33024R^4r^2 + 7424R^3r^3 + 864R^2r^4 + 48R^5r + r^6) < 0$
(i.e., discriminant < 0)

$$\Leftrightarrow -1024R^2r^3 \left(\frac{16384R^7 + 40960R^6r + 36864R^5r^2 + 16640R^4r^3 + 4160R^3r^4 + 576R^2r^5 + 40Rr^6 + r^7}{16640R^4r^3 + 4160R^3r^4 + 576R^2r^5 + 40Rr^6 + r^7} \right) < 0 \rightarrow \text{true}$$

$\Rightarrow (\bullet) \Rightarrow (\bullet) \Rightarrow (*)$ is true (strict inequality)

$$\therefore h_a^2 + h_b^2 + h_c^2 + \frac{18F^2}{m_a^2 + m_b^2 + m_c^2} > 8F + 4R^2 \cos A \cos B \cos C \therefore$$

combining both cases, $h_a^2 + h_b^2 + h_c^2 + \frac{18F^2}{m_a^2 + m_b^2 + m_c^2} \geq 8F + 4R^2 \cos A \cos B \cos C$

\forall non-obtuse ΔABC , \therefore iff ΔABC is right isosceles (QED)