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In any ΔABC , the following relationship holds :

$$1 + \frac{4R}{r} \geq \sqrt{\cot^2 \frac{A}{2} + \cot^2 \frac{B}{2} + 3} + \sqrt{\cot^2 \frac{B}{2} + \cot^2 \frac{C}{2} + 3} + \sqrt{\cot^2 \frac{C}{2} + \cot^2 \frac{A}{2} + 3} \geq \frac{5\sqrt{3}s}{6r} + \frac{3}{2}$$

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$$\begin{aligned} \sum_{\text{cyc}} \cot \frac{A}{2} &= \sum_{\text{cyc}} \frac{s}{r_a} = \frac{s}{r} \Rightarrow \sum_{\text{cyc}} \cot \frac{A}{2} = \frac{s}{r} \rightarrow (1) \text{ and } \sum_{\text{cyc}} \cot \frac{A}{2} \cot \frac{B}{2} \\ &= \sum_{\text{cyc}} \frac{s}{r_a} \cdot \frac{s}{r_b} = \frac{s^2}{rs^2} \cdot \sum_{\text{cyc}} r_a \Rightarrow \sum_{\text{cyc}} \cot \frac{A}{2} \cot \frac{B}{2} = \frac{4R+r}{r} \rightarrow (2) \text{ and also,} \\ \prod_{\text{cyc}} \cot \frac{A}{2} &= \prod_{\text{cyc}} \frac{s}{r_a} = \frac{s^3}{rs^2} \therefore \prod_{\text{cyc}} \cot \frac{A}{2} = \frac{s}{r} \rightarrow (3) \end{aligned}$$

$$\begin{aligned} \text{Now, } \sqrt{\cot^2 \frac{A}{2} + \cot^2 \frac{B}{2} + 3} + \sqrt{\cot^2 \frac{B}{2} + \cot^2 \frac{C}{2} + 3} + \sqrt{\cot^2 \frac{C}{2} + \cot^2 \frac{A}{2} + 3} \\ &= \sum_{\text{cyc}} \left(\sqrt{\left(\cot^2 \frac{B}{2} + \cot^2 \frac{C}{2} + 3 \right) \cot \frac{A}{2}} \cdot \sqrt{\tan \frac{A}{2}} \right) \\ &\stackrel{\text{CBS}}{\leq} \sqrt{\sum_{\text{cyc}} \left(\left(\cot^2 \frac{B}{2} + \cot^2 \frac{C}{2} + 3 \right) \cot \frac{A}{2} \right)} \cdot \sqrt{\sum_{\text{cyc}} \tan \frac{A}{2}} \\ &= \sqrt{3 \sum_{\text{cyc}} \cot \frac{A}{2} + \left(\sum_{\text{cyc}} \cot \frac{A}{2} \right) \left(\sum_{\text{cyc}} \cot \frac{A}{2} \cot \frac{B}{2} \right) - 3 \prod_{\text{cyc}} \cot \frac{A}{2} \cdot \sqrt{\frac{4R+r}{s}}} \\ &\stackrel{\text{via (1),(2) and (3)}}{=} \sqrt{\frac{3s}{r} + \frac{s}{r} \cdot \frac{4R+r}{r} - \frac{3s}{r} \cdot \sqrt{\frac{4R+r}{s}}} \end{aligned}$$

$$\therefore \sqrt{\cot^2 \frac{A}{2} + \cot^2 \frac{B}{2} + 3} + \sqrt{\cot^2 \frac{B}{2} + \cot^2 \frac{C}{2} + 3} + \sqrt{\cot^2 \frac{C}{2} + \cot^2 \frac{A}{2} + 3} \leq \frac{4R+r}{r}$$

$$\begin{aligned} \text{Again, } \sqrt{\cot^2 \frac{A}{2} + \cot^2 \frac{B}{2} + 3} + \sqrt{\cot^2 \frac{B}{2} + \cot^2 \frac{C}{2} + 3} + \sqrt{\cot^2 \frac{C}{2} + \cot^2 \frac{A}{2} + 3} \\ \geq \frac{5\sqrt{3}s}{6r} + \frac{3}{2} \Leftrightarrow 2 \sum_{\text{cyc}} \cot^2 \frac{A}{2} + 9 + \end{aligned}$$

$$2 \sum_{\text{cyc}} \sqrt{\left(\cot^2 \frac{A}{2} + \cot^2 \frac{B}{2} + 3 \right) \left(\cot^2 \frac{A}{2} + \cot^2 \frac{C}{2} + 3 \right)} \stackrel{(*)}{\geq} \left(\frac{5\sqrt{3}s}{6r} + \frac{3}{2} \right)^2$$

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Now, via Reverse CBS, $2 \sum_{\text{cyc}} \sqrt{\left(\cot^2 \frac{A}{2} + \cot^2 \frac{B}{2} + 3\right)\left(\cot^2 \frac{A}{2} + \cot^2 \frac{C}{2} + 3\right)}$

$$\geq 2 \sum_{\text{cyc}} \left(\cot^2 \frac{A}{2} + \cot \frac{B}{2} \cot \frac{C}{2} + 3 \right) \Rightarrow \text{LHS of } (*)$$

$$\geq 4 \sum_{\text{cyc}} \cot^2 \frac{A}{2} + 27 + 2 \sum_{\text{cyc}} \cot \frac{A}{2} \cot \frac{B}{2}$$

$$= \left(4 \sum_{\text{cyc}} \cot^2 \frac{A}{2} + 8 \sum_{\text{cyc}} \cot \frac{A}{2} \cot \frac{B}{2} \right) - 6 \sum_{\text{cyc}} \cot \frac{A}{2} \cot \frac{B}{2} + 27$$

$$= 4 \left(\sum_{\text{cyc}} \cot \frac{A}{2} \right)^2 - 6 \sum_{\text{cyc}} \cot \frac{A}{2} \cot \frac{B}{2} + 27 \stackrel{\text{via (1) and (2)}}{=} \frac{4s^2}{r^2} - \frac{6(4R+r)}{r} + 27$$

$$= \frac{4s^2 - 24Rr + 21r^2}{r^2} \stackrel{?}{\geq} \left(\frac{5\sqrt{3}s}{6r} + \frac{3}{2} \right)^2 = \frac{25s^2 + 27r^2 + 30\sqrt{3}rs}{12r^2}$$

$$\Leftrightarrow \boxed{23s^2 - 288Rr + 225r^2 \stackrel{?}{\geq} 30\sqrt{3}rs} \text{ and } \because 23s^2 - 288Rr + 225r^2 \stackrel{\text{Gerretsen}}{\geq}$$

$$23(16Rr - 5r^2) - 288Rr + 225r^2 = 80Rr + 110r^2 > 0$$

$$\therefore (**) \Leftrightarrow (23s^2 - 288Rr + 225r^2)^2 \geq 2700r^2s^2$$

$$\Leftrightarrow 529s^4 - (13248Rr - 7650r^2)s^2 + r^2(82944R^2 - 129600Rr + 50625r^2)$$

$$\boxed{\stackrel{(***)}{\geq}} 0 \text{ and } \because 529(s^2 - 16Rr + 5r^2)^2 \stackrel{\text{Gerretsen}}{\geq} 0 \therefore \text{in order to prove } (***) ,$$

it suffices to prove : LHS of $(***) \geq 529(s^2 - 16Rr + 5r^2)^2$

$$\Leftrightarrow (92R + 59r)s^2 \stackrel{(***)}{\geq} r(1312R^2 + 1124Rr - 935r^2)$$

$$\text{Again, } (92R + 59r)s^2 \stackrel{\text{Gerretsen}}{\geq} (92R + 59r)(16Rr - 5r^2)$$

$$\stackrel{?}{\geq} r(1312R^2 + 1124Rr - 935r^2) \Leftrightarrow 6400r^2(R - 2r)^2 \stackrel{?}{\geq} 0 \rightarrow \text{true}$$

$\Rightarrow (****) \Rightarrow (***) \Rightarrow (**) \Rightarrow (*) \text{ is true}$

$$\therefore \boxed{\sqrt{\cot^2 \frac{A}{2} + \cot^2 \frac{B}{2} + 3} + \sqrt{\cot^2 \frac{B}{2} + \cot^2 \frac{C}{2} + 3} + \sqrt{\cot^2 \frac{C}{2} + \cot^2 \frac{A}{2} + 3} \geq \frac{5\sqrt{3}s}{6r} + \frac{3}{2}} \text{ and so,}$$

$$1 + \frac{4R}{r} \geq \sqrt{\cot^2 \frac{A}{2} + \cot^2 \frac{B}{2} + 3} + \sqrt{\cot^2 \frac{B}{2} + \cot^2 \frac{C}{2} + 3} + \sqrt{\cot^2 \frac{C}{2} + \cot^2 \frac{A}{2} + 3}$$

$$\geq \frac{5\sqrt{3}s}{6r} + \frac{3}{2} \forall \Delta ABC, " = " \text{ iff } \Delta ABC \text{ is equilateral (QED)}$$