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In any non – obtuse $\triangle ABC$, the following relationship holds :

$$\frac{a^2}{b^2 + c^2} + \frac{b^2}{c^2 + a^2} + \frac{c^2}{a^2 + b^2} + \frac{2}{3}(\sin^2 A + \sin^2 B + \sin^2 C) \geq 3$$

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Case 1 $\triangle ABC$ is right triangle and then : $s = 2R + r$ and

$$\begin{aligned} & \frac{a^2}{b^2 + c^2} + \frac{b^2}{c^2 + a^2} + \frac{c^2}{a^2 + b^2} + \frac{2}{3}(\sin^2 A + \sin^2 B + \sin^2 C) \geq 3 \\ \Leftrightarrow & \left(\sum_{\text{cyc}} a^2 \right) \cdot \frac{(\sum_{\text{cyc}} a^2)^2 + \sum_{\text{cyc}} a^2 b^2}{(\sum_{\text{cyc}} a^2)(\sum_{\text{cyc}} a^2 b^2) - a^2 b^2 c^2} + \frac{2}{3 \cdot 4R^2} \cdot \left(\sum_{\text{cyc}} a^2 \right) \geq 6 \\ \Leftrightarrow & \frac{(s^2 - 4Rr - r^2) \left(4(s^2 - 4Rr - r^2)^2 + (s^2 + 4Rr + r^2)^2 - 16R^2 r^2 s^2 \right)}{(s^2 - 4Rr - r^2)((s^2 + 4Rr + r^2)^2 - 16R^2 r^2 s^2) - 8R^2 r^2 s^2} \\ & + \frac{s^2 - 4Rr - r^2}{3R^2} \geq 6 \\ \Leftrightarrow & s^8 - (3R^2 + 16Rr)s^6 + r(36R^3 + 37R^2r + 16Rr^2 - 2r^3)s^4 \\ & - r^3(56R^3 + 69R^2r + 16Rr^2)s^2 \\ & + r^3(192R^5 + 400R^4r + 292R^3r^2 + 99R^2r^3 + 16Rr^4 + r^5) \stackrel{(1)}{\geq} 0 \end{aligned}$$

and putting $s = 2R + r$ in LHS of (1), we have (1) $\Leftrightarrow R^4 - 4R^2r^2 - 4Rr^3 - r^4 \geq 0$

$$\Leftrightarrow (t^2 - 2t - 1)(t + 1)^2 \geq 0 \quad \left(t = \frac{R}{r} \right) \Leftrightarrow t^2 - 2t - 1 \stackrel{(2)}{\geq} 0$$

WLOG we may assume $A = 90^\circ$ and then : $a^2 = b^2 + c^2 \stackrel{\text{A-G}}{\geq} \frac{2bc}{a}$

$$\Rightarrow 8R^3 \sin^3 90^\circ = 8Rrs \Rightarrow R^2 \geq r(2R + r) \Rightarrow t^2 - 2t - 1 \geq 0 \Rightarrow (2) \Rightarrow (1) \text{ is true}$$

$$\therefore \frac{a^2}{b^2 + c^2} + \frac{b^2}{c^2 + a^2} + \frac{c^2}{a^2 + b^2} + \frac{2}{3}(\sin^2 A + \sin^2 B + \sin^2 C) \geq 3$$

is true \forall right $\triangle ABC$

Case 2 $\triangle ABC$ is acute triangle and $\because b^2 + c^2 > a^2$ and analogs
 $\therefore a^2, b^2, c^2$ form sides of a triangle XYZ (say)

$$\begin{aligned} & \Rightarrow \frac{a^2}{b^2 + c^2} + \frac{b^2}{c^2 + a^2} + \frac{c^2}{a^2 + b^2} + \frac{2}{3}(\sin^2 A + \sin^2 B + \sin^2 C) \geq 3 \\ \Leftrightarrow & \sum_{\text{cyc}} \frac{a^2}{b^2 + c^2} + \frac{2}{3} \cdot \frac{1}{4 \cdot \frac{a^2 b^2 c^2}{2 \sum_{\text{cyc}} a^2 b^2 - \sum_{\text{cyc}} a^4}} \cdot \sum_{\text{cyc}} a^2 \\ \Leftrightarrow & \sum_{\text{cyc}} \frac{x}{y + z} + \frac{2}{3} \cdot \frac{1}{4 \cdot \frac{xyz}{2 \sum_{\text{cyc}} xy - \sum_{\text{cyc}} x^2}} \cdot \sum_{\text{cyc}} x \geq 3 \end{aligned}$$

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$$\Leftrightarrow \sum_{\text{cyc}} \frac{x}{y+z} + \frac{1}{6} \cdot \frac{2 \sum_{\text{cyc}} xy - \sum_{\text{cyc}} x^2}{xyz} \cdot \sum_{\text{cyc}} x \stackrel{(*)}{\geq} 3$$

Now, we shall prove that $\forall \Delta ABC : \sum_{\text{cyc}} \frac{a}{b+c} + \frac{1}{6} \cdot \frac{2 \sum_{\text{cyc}} ab - \sum_{\text{cyc}} a^2}{abc} \cdot \sum_{\text{cyc}} a \stackrel{(\bullet)}{\geq} 3$

$$(\bullet) \Leftrightarrow \left(\sum_{\text{cyc}} a \right) \cdot \frac{\sum_{\text{cyc}} (c+a)(a+b)}{2s(s^2 + 2Rr + r^2)} + \frac{1}{6} \cdot \frac{2(s^2 + 4Rr + r^2) - 2(s^2 - 4Rr - r^2)}{4Rrs} \cdot 2s \\ \geq 6 \Leftrightarrow \frac{2s((\sum_{\text{cyc}} a^2 + 2 \sum_{\text{cyc}} ab) + \sum_{\text{cyc}} ab)}{2s(s^2 + 2Rr + r^2)} + \frac{(16Rr + 4r^2)(2s)}{24Rrs} \geq 6$$

$$\Leftrightarrow \frac{4s^2 + s^2 + 4Rr + r^2}{s^2 + 2Rr + r^2} + \frac{4R + r}{3R} \stackrel{(\bullet\bullet)}{\geq} 6 \Leftrightarrow (R+r)s^2 \stackrel{(\bullet\bullet)}{\geq} r(16R^2 + 9Rr - r^2)$$

We have : $(R+r)s^2 \stackrel{\text{Gerretsen}}{\geq} (R+r)(16Rr - 5r^2) \stackrel{?}{\geq} r(16R^2 + 9Rr - r^2)$

$$\Leftrightarrow 2Rr \stackrel{?}{\geq} 4r^2 \rightarrow \text{true via Euler} \Rightarrow (\bullet\bullet) \Rightarrow (\bullet) \Rightarrow (*) \text{ is true}$$

$$\therefore \frac{a^2}{b^2 + c^2} + \frac{b^2}{c^2 + a^2} + \frac{c^2}{a^2 + b^2} + \frac{2}{3}(\sin^2 A + \sin^2 B + \sin^2 C) \geq 3 \quad \forall \text{ acute } \Delta ABC$$

$$\therefore \text{combining both cases, } \frac{a^2}{b^2 + c^2} + \frac{b^2}{c^2 + a^2} + \frac{c^2}{a^2 + b^2}$$

$$+ \frac{2}{3}(\sin^2 A + \sin^2 B + \sin^2 C) \geq 3 \quad \forall \text{ non-obtuse } \Delta ABC,$$

" = " iff ΔABC is right or equilateral (QED)