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In $\triangle ABC$ the following relationship holds:

$$\sum m_a \csc A \geq 6\sqrt{3}r$$

Proposed by Nguyen Hung Cuong-Vietnam

Solution by Tapas Das-India

$$\sum \frac{1}{h_a} = \frac{1}{r}, \sum h_a \stackrel{AM-HM}{\geq} \frac{9}{\sum \frac{1}{h_a}} = 9r \quad (1)$$

WLOG $a \geq b \geq c$ then $m_a \leq m_b \leq m_c$

$$\begin{aligned} \sum m_a \csc A &= 2R \sum \frac{m_a}{a} \stackrel{\text{Chebyshev}}{\geq} 2R \cdot \frac{1}{3} \left(\sum m_a \right) \left(\sum \frac{1}{a} \right) \geq \\ &\geq 2R \frac{1}{3} \left(\sum h_a \right) \left(\sum \frac{1}{a} \right) \stackrel{\text{Leuenberger \& (1)}}{\geq} 2R \frac{1}{3} (9r) \frac{\sqrt{3}}{R} = 6\sqrt{3}r \end{aligned}$$

Equality for $a = b = c$