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If $a, b, c \in [1, 2]$, then prove that :

$$a^2 + b^2 + c^2 + 3\sqrt[3]{a^2b^2c^2} \geq 2(ab + bc + ca)$$

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$$\begin{aligned} \forall a, b, c > 0, \sum_{\text{cyc}} a^2 + 3\sqrt[3]{a^2b^2c^2} &\stackrel{?}{\geq} 2 \sum_{\text{cyc}} ab \\ \Leftrightarrow \sum_{\text{cyc}} a^2 + 3\sqrt[3]{a^2b^2c^2} &\stackrel{?}{\geq} 2 \sum_{\text{cyc}} ab \\ \Leftrightarrow \left(\sum_{\text{cyc}} a^2 \right)^3 + 27a^2b^2c^2 + 9 \left(\sum_{\text{cyc}} a^2 \right)^2 \cdot \sqrt[3]{a^2b^2c^2} \\ &+ 27 \left(\sum_{\text{cyc}} a^2 \right) \cdot \sqrt[3]{a^4b^4c^4} \stackrel{\substack{? \\ \geq \\ (*)}}{\geq} 8 \left(\sum_{\text{cyc}} ab \right)^3 \end{aligned}$$

Assigning $b + c = x, c + a = y, a + b = z \Rightarrow x + y - z = 2c > 0, y + z - x = 2a > 0$ and $z + x - y = 2b > 0 \Rightarrow x + y > z, y + z > x, z + x > y \Rightarrow x, y, z$ form sides of a triangle with semiperimeter, circumradius and inradius = s, R, r (say);

$$\text{so } 2 \sum_{\text{cyc}} a = \sum_{\text{cyc}} x = 2s \Rightarrow \sum_{\text{cyc}} a = s \rightarrow (1) \Rightarrow a = s - x, b = s - y, c = s - z$$

$$\therefore abc = r^2s \rightarrow (2) \text{ and such substitutions } \Rightarrow \sum_{\text{cyc}} ab = \sum_{\text{cyc}} (s - x)(s - y) \Rightarrow$$

$$\begin{aligned} \sum_{\text{cyc}} ab &= 4Rr + r^2 \rightarrow (3), \sum_{\text{cyc}} a^2 = \left(\sum_{\text{cyc}} a \right)^2 - 2 \sum_{\text{cyc}} ab \stackrel{\text{via (1),(3)}}{=} s^2 - 2(4Rr + r^2) \\ &\Rightarrow \sum_{\text{cyc}} a^2 = s^2 - 8Rr - 2r^2 \rightarrow (4) \end{aligned}$$

Via (1), (2) and (4), LHS of (*) \geq

$$(s^2 - 8Rr - 2r^2)^3 + 27r^4s^2 + 9(s^2 - 8Rr - 2r^2)^2 \cdot \sqrt[3]{r^4s^2} + 27(s^2 - 8Rr - 2r^2) \cdot \sqrt[3]{r^8s^4} \stackrel{\text{Mitrinovic}}{\geq}$$

$$(s^2 - 8Rr - 2r^2)^3 + 27r^4s^2 + 9(s^2 - 8Rr - 2r^2)^2 \cdot \sqrt[3]{r^4 \cdot 27r^2} + 27(s^2 - 8Rr - 2r^2) \cdot \sqrt[3]{r^8 \cdot 729r^4}$$

$$\begin{aligned} &= (s^2 - 8Rr - 2r^2)^3 + 27r^4s^2 + 27r^2(s^2 - 8Rr - 2r^2)^2 + 243r^4(s^2 - 8Rr - 2r^2) \\ &\stackrel{?}{\geq} 8 \left(\sum_{\text{cyc}} ab \right)^3 \stackrel{\text{via (3)}}{=} 8(4Rr + r^2)^3 \end{aligned}$$

$$\Leftrightarrow s^6 - (24Rr - 21r^2)s^4 + r^2(192R^2 - 336Rr + 174r^2)s^2$$

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$$-r^3(1024R^3 - 960R^2r + 1272Rr^2 + 394r^3) \boxed{\substack{? \\ \geq \\ (\ast\ast)}} 0 \text{ and}$$

$$\because (s^2 - 16Rr + 5r^2)^3 \stackrel{\text{Gerretsen}}{\geq} 0 \therefore \text{in order to prove } (\ast\ast), \\ \text{it suffices to prove : LHS of } (\ast\ast) \geq (s^2 - 16Rr + 5r^2)^3 \\ \Leftrightarrow (8R + 2r)s^4 - r(192R^2 - 48Rr - 33r^2)s^2$$

$$+ r^2(1024R^3 - 960R^2r - 24Rr^2 - 173r^3) \boxed{\substack{(\ast\ast\ast) \\ \geq}} 0 \text{ and } \because$$

$$(8R + 2r)(s^2 - 16Rr + 5r^2)^2 \stackrel{\text{Gerretsen}}{\geq} 0 \therefore \text{in order to prove } (\ast\ast\ast), \\ \text{it suffices to prove : LHS of } (\ast\ast\ast) \geq (8R + 2r)(s^2 - 16Rr + 5r^2)^2$$

$$\Leftrightarrow (64R^2 + 32Rr + 13r^2)s^2 \boxed{\substack{(\ast\ast\ast\ast) \\ \geq}} r(1024R^3 + 192R^2r - 96Rr^2 + 223r^3)$$

$$\begin{aligned} & \text{Finally, } (64R^2 + 32Rr + 13r^2)s^2 \stackrel{\text{Gerretsen}}{\geq} (64R^2 + 32Rr + 13r^2)(16Rr - 5r^2) \\ & \geq r(1024R^3 + 192R^2r - 96Rr^2 + 223r^3) \Leftrightarrow 144r^3(R - 2r) \stackrel{?}{\geq} 0 \rightarrow \text{true via Euler} \\ & \Rightarrow (\ast\ast\ast\ast) \Rightarrow (\ast\ast\ast) \Rightarrow (\ast\ast) \Rightarrow (\ast) \text{ is true} \\ & \therefore \forall a, b, c > 0, \sum_{\text{cyc}} a^2 + 3\sqrt[3]{a^2b^2c^2} \geq 2 \sum_{\text{cyc}} ab \\ & \therefore a^2 + b^2 + c^2 + 3\sqrt[3]{a^2b^2c^2} \geq 2(ab + bc + ca) \quad \forall a, b, c \in [1, 2], \\ & \quad " = " \text{ iff } a = b = c \text{ (QED)} \end{aligned}$$