

ROMANIAN MATHEMATICAL MAGAZINE

If $x, y, z > 0, x^2 + y^2 + z^2 = 3$ then

$$\frac{x^2 + 1}{y} + \frac{y^2 + 1}{z} + \frac{z^2 + 1}{x} - \frac{1}{x+y+z} \geq \frac{17}{3}$$

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$$\begin{aligned} \frac{\frac{1}{x} + \frac{1}{y} + \frac{1}{z}}{3} &\stackrel{AM-HM}{\geq} \frac{3}{x+y+z} \text{ or} \\ \frac{1}{x+y+z} &\leq \frac{1}{9} \left(\frac{1}{x} + \frac{1}{y} + \frac{1}{z} \right) \quad (1) \end{aligned}$$

$$\frac{x^2}{y} + \frac{y^2}{z} + \frac{z^2}{x} \geq \frac{3(x^2 + y^2 + z^2)}{x+y+z} \quad (2)$$

Proof:

$$\begin{aligned} (x+y+z) \left(\frac{x^2}{y} + \frac{y^2}{z} + \frac{z^2}{x} \right) &\geq 3(x^2 + y^2 + z^2) \text{ or} \\ \sum \frac{x^3}{y} + \sum \frac{xy^2}{z} &\geq 2 \sum x^2 \text{ or} \end{aligned}$$

$$\sum \frac{x^4}{yx} + \sum \frac{x^2y^2}{zx} \geq 2 \sum x^2 \text{ or}$$

$$\frac{(\sum x^2)^2}{\sum xy} + \frac{(\sum xy)^2}{\sum xy} \geq 2 \sum x^2 \quad (\text{Bergstrom})$$

$$\text{or } \left(\sum x^2 \right)^2 + \left(\sum xy \right)^2 - 2 \left(\sum xy \right) \left(\sum x^2 \right) \geq 0 \text{ or}$$

$$\left(\sum x^2 - \sum xy \right)^2 \geq 0 \quad (\text{Proof complete})$$

$$\begin{aligned} (x+y+z)^2 &\stackrel{CBS}{\leq} 3(x^2 + y^2 + z^2) \text{ or} \\ (x+y+z) &\leq \sqrt{3(x^2 + y^2 + z^2)} \quad (3) \end{aligned}$$

$$\frac{x^2 + 1}{y} + \frac{y^2 + 1}{z} + \frac{z^2 + 1}{x} - \frac{1}{x+y+z} =$$

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$$\begin{aligned}
&= \left(\frac{x^2}{y} + \frac{y^2}{z} + \frac{z^2}{x} \right) + \left(\frac{1}{y} + \frac{1}{z} + \frac{1}{x} \right) - \left(\frac{1}{x+y+z} \right) \geq \\
&\stackrel{(1)\&(2)}{\geq} \frac{3(x^2 + y^2 + z^2)}{x+y+z} + \left(\frac{1}{y} + \frac{1}{z} + \frac{1}{x} \right) - \frac{1}{9} \left(\frac{1}{x} + \frac{1}{y} + \frac{1}{z} \right) \\
&= \frac{3(x^2 + y^2 + z^2)}{x+y+z} + \frac{8}{9} \left(\frac{1}{x} + \frac{1}{y} + \frac{1}{z} \right) \geq \\
&\stackrel{Bergstrom}{\geq} \frac{3(x^2 + y^2 + z^2)}{x+y+z} + \frac{8}{9} \frac{(1+1+1)^2}{x+y+z} \stackrel{(3)}{\geq} \\
&\geq \frac{3(x^2 + y^2 + z^2)}{\sqrt{3(x^2 + y^2 + z^2)}} + \frac{8}{\sqrt{3(x^2 + y^2 + z^2)}} = \\
&= \frac{3 \cdot 3}{\sqrt{3 \cdot 3}} + \frac{8}{\sqrt{3 \cdot 3}} (\text{since } x^2 + y^2 + z^2 = 3) = 3 + \frac{8}{3} = \frac{17}{3}
\end{aligned}$$

Equality holds for $x = y = z = 1$