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If $a, b, c > 0$ and $ab + bc + ca + abc = 4$, then prove that :

$$\sqrt{ab} + \sqrt{bc} + \sqrt{ca} \leq \sqrt{2 - \sqrt{ab}} + \sqrt{2 - \sqrt{bc}} + \sqrt{2 - \sqrt{ca}}$$

Proposed by Nguyen Hung Cuong-Vietnam

Solution by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} & \sum_{\text{cyc}} ((2+b)(2+c)) - (2+a)(2+b)(2+c) \\ &= 4 - (ab + bc + ca + abc) = 0 \therefore \sum_{\text{cyc}} \frac{1}{2+a} = 1 \rightarrow (\text{m}) \end{aligned}$$

$$\begin{aligned} \text{Now, } \frac{1}{2+a} &< \frac{1}{2} \therefore \text{we can set : } \frac{1}{2+a} = \frac{1}{2} - x \left(x > 0 \text{ and } x < \frac{1}{2} \right) \\ \therefore a+2 &= \frac{2}{1-2x} \Rightarrow a = \frac{2}{1-2x} - 2 = \frac{2x}{\frac{1}{2}-x} \rightarrow (1) \end{aligned}$$

$$\begin{aligned} \text{Similarly, we set : } \frac{1}{2+b} &= \frac{1}{2} - y \text{ and } \frac{1}{2+c} = \frac{1}{2} - z \\ \therefore 1 &\stackrel{\text{via (m)}}{=} \frac{1}{2+a} + \frac{1}{2+b} + \frac{1}{2+c} = \frac{1}{2} - x + \frac{1}{2} - y + \frac{1}{2} - z \Rightarrow x + y + z = \frac{1}{2} \rightarrow (\text{i}) \\ \therefore (1) \text{ and (i)} &\Rightarrow a = \frac{2x}{y+z} \text{ and analogously, } b = \frac{2y}{z+x} \text{ and } c = \frac{2z}{x+y} \end{aligned}$$

$$\text{and hence : } \sqrt{ab} + \sqrt{bc} + \sqrt{ca} \leq \sqrt{2 - \sqrt{ab}} + \sqrt{2 - \sqrt{bc}} + \sqrt{2 - \sqrt{ca}}$$

$$\text{transforms into : } \sum_{\text{cyc}} \sqrt{\frac{2x}{y+z} \cdot \frac{2y}{z+x}} \stackrel{(*)}{\leq} \sum_{\text{cyc}} \sqrt{2 - \sqrt{\frac{2x}{y+z} \cdot \frac{2y}{z+x}}}$$

Assigning $y+z = A, z+x = B, x+y = C \Rightarrow A+B-C = 2z > 0, B+C-A = 2x > 0$ and $C+A-B = 2y > 0 \Rightarrow A+B > C, B+C > A, C+A > B \Rightarrow A, B, C$ form sides of a triangle with semiperimeter, circumradius and inradius

$$\begin{aligned} &= s, R, r \text{ (say)} \\ \text{yielding } 2 \sum_{\text{cyc}} x &= \sum_{\text{cyc}} A = 2s \Rightarrow \sum_{\text{cyc}} x = s \Rightarrow x = s - A, y = s - B, z = s - C \end{aligned}$$

Via such substitutions, (*) becomes :

$$2 \sum_{\text{cyc}} \sqrt{\frac{(s-A)(s-B)}{AB}} \leq \sum_{\text{cyc}} \sqrt{2 - 2 \sqrt{\frac{(s-A)(s-B)}{AB}}}$$

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$$\Leftrightarrow 2 \sum_{\text{cyc}} \sin \frac{\alpha}{2} \stackrel{(**)}{\leq} \sum_{\text{cyc}} \sqrt{2 - 2 \sin \frac{\alpha}{2}} \quad (\alpha, \beta, \gamma \rightarrow \text{angles of triangle with sides A, B, C})$$

Let $f(x) = \sqrt{2 - 2 \sin \frac{x}{2}} - 2 \sin \frac{x}{2} + \left(x - \frac{\pi}{3}\right) \cdot \frac{3\sqrt{3}}{4} \forall x \in (0, \pi)$ and then :

$$\begin{aligned} f'(x) &= \frac{\sqrt{27}}{4} - \left(\cos \frac{x}{2}\right) \left(1 + \frac{1}{2\sqrt{2 - 2 \sin \frac{x}{2}}}\right) \\ &= \frac{\sqrt{27}}{4} - \left(\sqrt{1 - \sin^2 \frac{x}{2}}\right) \left(1 + \frac{1}{2\sqrt{2 - 2 \sin \frac{x}{2}}}\right) \rightarrow (2) \end{aligned}$$

$$\text{Now, } \frac{\sqrt{27}}{4} \stackrel{?}{\leq} \left(\sqrt{1 - \sin^2 \frac{x}{2}}\right) \left(1 + \frac{1}{2\sqrt{2 - 2 \sin \frac{x}{2}}}\right)$$

$$\Leftrightarrow \frac{\sqrt{27}}{4} \stackrel{?}{\leq} \left(\sqrt{1 - t^2}\right) \left(1 + \frac{1}{2\sqrt{2 - 2t}}\right) \quad (t = \sin \frac{x}{2})$$

$$\Leftrightarrow \frac{27}{16(1-t^2)} \stackrel{?}{\leq} 1 + \frac{1}{4(2-2t)} + \frac{1}{\sqrt{2-2t}}$$

$$\Leftrightarrow \frac{27}{16(1-t^2)} - 1 - \frac{1}{4(2-2t)} \stackrel{?}{\leq} \frac{1}{\sqrt{2-2t}} \Leftrightarrow \frac{9-2t+16t^2}{16(1-t^2)} \stackrel{?}{\leq} \frac{1}{\sqrt{2-2t}}$$

$$\Leftrightarrow \frac{(9-2t+16t^2)^2}{256(1-t^2)^2} \stackrel{?}{\leq} \frac{1}{2-2t} \quad (\because 9 > 2 > 2t \Rightarrow 9-2t+16t^2 > 0)$$

$$\Leftrightarrow 128(1-t)(1+t)^2 \stackrel{?}{\geq} (9-2t+16t^2)^2$$

$$\Leftrightarrow 256t^4 + 64t^3 + 420t^2 - 164t - 47 \stackrel{?}{\leq} 0$$

$$\Leftrightarrow (2t-1)(128t^3 + 96t^2 + 258t + 47) \stackrel{?}{\leq} 0 \Leftrightarrow t \stackrel{?}{\leq} \frac{1}{2}$$

$$\therefore \boxed{\frac{\sqrt{27}}{4} \leq \text{or} \geq \left(\sqrt{1-t^2}\right) \left(1 + \frac{1}{2\sqrt{2-2t}}\right) \text{ according as } t \leq \frac{1}{2} \text{ or } t \geq \frac{1}{2}} \quad \text{and } t \geq \frac{1}{2}$$

$$\Rightarrow 1 > \sin \frac{x}{2} \geq \frac{1}{2} \Rightarrow \frac{\pi}{2} > \frac{x}{2} \geq \frac{\pi}{6} \Rightarrow \frac{\pi}{3} \leq x < \pi \text{ and } t = \sin \frac{x}{2} \leq \frac{1}{2} \Rightarrow 0 < x \leq \frac{\pi}{3}$$

$$\therefore \frac{\sqrt{27}}{4} \leq \left(\sqrt{1 - \sin^2 \frac{x}{2}}\right) \left(1 + \frac{1}{2\sqrt{2 - 2 \sin \frac{x}{2}}}\right) \forall x \in \left(0, \frac{\pi}{3}\right] \text{ and}$$

$$\frac{\sqrt{27}}{4} \geq \left(\sqrt{1 - \sin^2 \frac{x}{2}}\right) \left(1 + \frac{1}{2\sqrt{2 - 2 \sin \frac{x}{2}}}\right) \forall x \in \left[\frac{\pi}{3}, \pi\right)$$

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$\stackrel{\text{via (2)}}{\Rightarrow} f'(x) \leq 0 \forall x \in (0, \frac{\pi}{3}]$ and $f'(x) \geq 0 \forall x \in [\frac{\pi}{3}, \pi) \Rightarrow f(x)$ is \downarrow on $(0, \frac{\pi}{3}]$

and $f(x)$ is \uparrow on $[\frac{\pi}{3}, \pi) \Rightarrow f(x) \geq f\left(\frac{\pi}{3}\right) = 0 \forall x \in (0, \pi)$

$$\therefore \sqrt{2 - 2 \sin \frac{x}{2}} - 2 \sin \frac{x}{2} \geq \left(\frac{\pi}{3} - x\right) \cdot \frac{3\sqrt{3}}{4} \forall x \in (0, \pi)$$

$$\Rightarrow \sum_{\text{cyc}} \sqrt{2 - 2 \sin \frac{\alpha}{2}} - 2 \sum_{\text{cyc}} \sin \frac{\alpha}{2} \geq \left(3 \cdot \frac{\pi}{3} - (\alpha + \beta + \gamma)\right) \cdot \frac{3\sqrt{3}}{4} = (\pi - \pi) \cdot \frac{3\sqrt{3}}{4} = 0$$

$$\Rightarrow (***) \Rightarrow (*) \text{ is true} \therefore \sqrt{ab} + \sqrt{bc} + \sqrt{ca} \leq \sqrt{2 - \sqrt{ab}} + \sqrt{2 - \sqrt{bc}} + \sqrt{2 - \sqrt{ca}}$$

$\forall a, b, c > 0 \mid ab + bc + ca + abc = 4, " = " \text{ iff } a = b = c = 1$ (QED)