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If $a, b, c \geq 0$, then prove that :

$$(a + bc)^2 + (b + ca)^2 + (c + ab)^2 \geq \sqrt{2}(a + b)(b + c)(c + a)$$

Proposed by Nguyen Hung Cuong-Vietnam

Solution by Soumava Chakraborty-Kolkata-India

Case 1 Exactly 2 variables equal to zero and WLOG we may assume :

$$b = c = 0 \text{ and then : } LHS - RHS = a^2 > 0$$

Case 2 Exactly 1 variable equals to 0 and WLOG we may assume

$$a = 0 \text{ and then : } LHS = b^2c^2 + b^2 + c^2 = \left(\frac{b^2c^2}{2} + b^2\right) + \left(\frac{b^2c^2}{2} + c^2\right)$$

$$\stackrel{\text{A-G}}{\geq} 2b^2 \cdot \sqrt{\frac{c^2}{2}} + 2c^2 \cdot \sqrt{\frac{b^2}{2}} = \sqrt{2}bc(b + c) = RHS \Rightarrow LHS \geq RHS,$$

" = " iff $(a = 0, b = c = \sqrt{2})$ and permutations

Case 3 $a, b, c > 0$ and assigning $b + c = x, c + a = y, a + b = z \Rightarrow x + y - z = 2c > 0, y + z - x = 2a > 0$ and $z + x - y = 2b > 0 \Rightarrow x + y > z, y + z > x, z + x > y$
 $\Rightarrow x, y, z$ form sides of a triangle with semiperimeter, circumradius and inradius
 $= s, R, r$ (say); so $2 \sum_{\text{cyc}} a = \sum_{\text{cyc}} x = 2s \Rightarrow \sum_{\text{cyc}} a = s \rightarrow (1) \Rightarrow a = s - x, b = s - y,$

$$c = s - z \therefore abc = r^2s \rightarrow (2) \text{ and such substitutions } \Rightarrow \sum_{\text{cyc}} ab = \sum_{\text{cyc}} (s - x)(s - y)$$

$$\Rightarrow \sum_{\text{cyc}} ab = 4Rr + r^2 \rightarrow (3) \text{ and } \sum_{\text{cyc}} a^2 = \left(\sum_{\text{cyc}} a\right)^2 - 2 \sum_{\text{cyc}} ab \stackrel{\text{via (1) and (3)}}{=}$$

$$s^2 - 2(4Rr + r^2) \Rightarrow \sum_{\text{cyc}} a^2 = s^2 - 8Rr - 2r^2 \rightarrow (4) \text{ and also,}$$

$$\begin{aligned} \sum_{\text{cyc}} a^2b^2 &= \left(\sum_{\text{cyc}} ab\right)^2 - 2abc \left(\sum_{\text{cyc}} a\right) \stackrel{\text{via (1),(2) and (3)}}{=} (4Rr + r^2)^2 - 2r^2s \cdot s \\ &\Rightarrow \sum_{\text{cyc}} a^2b^2 = r^2((4R + r)^2 - 2s^2) \rightarrow (5) \end{aligned}$$

$$\text{Now, } (a + bc)^2 + (b + ca)^2 + (c + ab)^2 = \sum_{\text{cyc}} a^2 + \sum_{\text{cyc}} a^2b^2 + 6abc$$

$$\stackrel{\text{A-G}}{\geq} 2 \sqrt{\left(\sum_{\text{cyc}} a^2\right)\left(\sum_{\text{cyc}} a^2b^2\right)} + 6abc \stackrel{?}{>} \sqrt{2}(a + b)(b + c)(c + a)$$

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$$\begin{aligned}
 & \Leftrightarrow 4 \left(\sum_{\text{cyc}} a^2 \right) \left(\sum_{\text{cyc}} a^2 b^2 \right) + 36a^2 b^2 c^2 + 24abc \sqrt{\left(\sum_{\text{cyc}} a^2 \right) \left(\sum_{\text{cyc}} a^2 b^2 \right)} \\
 & \stackrel{?}{>} 2(a+b)^2(b+c)^2(c+a)^2 \stackrel{\text{via (2),(4) and (5)}}{\Leftrightarrow} \\
 & \frac{12r^2 s \sqrt{r^2(s^2 - 8Rr - 2r^2)((4R+r)^2 - 2s^2)}}{16R^2 r^2 s^2 - 18r^4 s^2 - 2r^2(s^2 - 8Rr - 2r^2)((4R+r)^2 - 2s^2)} \stackrel{?}{>} \\
 & 3s \sqrt{r^2(s^2 - 8Rr - 2r^2)((4R+r)^2 - 2s^2)} \stackrel{?}{\geq} \stackrel{(*)}{\square}
 \end{aligned}$$

$s^4 - s^2(4R^2 + 12Rr + 7r^2) + r(4R + r)^3$ and \because LHS of $(*) > 0$ \therefore when :

RHS of $(*) \leq 0$, then : $(*)$ is true and so, we now focus on the scenario when :

$$s^4 - s^2(4R^2 + 12Rr + 7r^2) + r(4R + r)^3 > 0 \text{ and then : } (*) \Leftrightarrow$$

$$\begin{aligned}
 & 9r^2 s^2 (s^2 - 8Rr - 2r^2)((4R+r)^2 - 2s^2) \stackrel{?}{>} \\
 & (s^4 - s^2(4R^2 + 12Rr + 7r^2) + r(4R + r)^3)^2 \\
 & \Leftrightarrow (s^4 - s^2(4R^2 + 12Rr + 7r^2) + r(4R + r)^3)^2 - \\
 & 9r^2 s^2 (s^2 - 8Rr - 2r^2)((4R+r)^2 - 2s^2) \stackrel{?}{\leq} \stackrel{(**)}{\square} 0
 \end{aligned}$$

Now, Rouche $\Rightarrow s^2 - (m - n) \geq 0$ and $s^2 - (m + n) \leq 0$, where $m =$

$$2R^2 + 10Rr - r^2 \text{ and } n = 2(R - 2r) \cdot \sqrt{R^2 - 2Rr}$$

$$\therefore (s^2 - (m + n))(s^2 - (m - n)) \leq 0 \Rightarrow s^4 - s^2(2m) + m^2 - n^2 \leq 0$$

$$\Rightarrow s^4 - s^2(4R^2 + 20Rr - 2r^2) + r(4R + r)^3 \stackrel{(i)}{\leq} 0 \Rightarrow$$

$$(s^4 - s^2(4R^2 + 20Rr - 2r^2) + r(4R + r)^3) \left(\begin{matrix} s^4 - s^2(4R^2 + 12Rr + 7r^2) \\ + r(4R + r)^3 \end{matrix} \right) \leq 0$$

\therefore in order to prove $(**)$, it suffices to prove : LHS of $(**) <$

$$(s^4 - s^2(4R^2 + 20Rr - 2r^2) + r(4R + r)^3) \left(\begin{matrix} s^4 - s^2(4R^2 + 12Rr + 7r^2) \\ + r(4R + r)^3 \end{matrix} \right)$$

$$\Leftrightarrow (8R + 9r)s^4 - (32R^3 + 204R^2r + 164Rr^2 - 18r^3)s^2$$

$$+ r(512R^4 + 960R^3r + 528R^2r^2 + 116Rr^3 + 9r^4) \stackrel{(***)}{<} 0 \text{ and via (i),}$$

$(8R + 9r)(s^4 - s^2(4R^2 + 20Rr - 2r^2) + r(4R + r)^3) \leq 0 \therefore$ in order

to prove $(***)$, it suffices to prove : LHS of $(***) <$

$$(8R + 9r)(s^4 - s^2(4R^2 + 20Rr - 2r^2) + r(4R + r)^3) \Leftrightarrow -8R^2rs^2 < 0 \rightarrow \text{true}$$

$\therefore (***) \Rightarrow (**) \Rightarrow (*)$ is true $\therefore (a + bc)^2 + (b + ca)^2 + (c + ab)^2 >$

$\sqrt{2}(a + b)(b + c)(c + a)$ and so, combining all cases,

$(a + bc)^2 + (b + ca)^2 + (c + ab)^2 \geq \sqrt{2}(a + b)(b + c)(c + a) \forall a, b, c \geq 0$, " = " iff $(a = 0, b = c = \sqrt{2})$ or $(b = 0, c = a = \sqrt{2})$ or $(c = 0, a = b = \sqrt{2})$ (QED)