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J.2413 If $M \in \text{Int}(\Delta ABC)$, $d_a = d(M, BC)$, $d_b = d(M, CA)$,

$d_c = d(M, AB)$, $F_a = [MBC]$, $F_b = [MCA]$, $F_c = [MAB]$, then:

$$\frac{a^5}{d_a \cdot F_a} + \frac{b^5}{d_b \cdot F_b} + \frac{c^5}{d_c \cdot F_c} \geq 96\sqrt{3} \cdot F$$

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We have $2F_a = ad_a$, $2F_b = bd_b$, $2F_c = cd_c$, $ad_a + bd_b + cd_c = 2F$.

Applying Gordon's inequality and Ionescu-Weitzenbock's inequality $a^2 + b^2 + c^2 \geq 4\sqrt{3}F$,

it follows that:

$$\begin{aligned} \frac{a^5}{d_a \cdot F_a} + \frac{b^5}{d_b \cdot F_b} + \frac{c^5}{d_c \cdot F_c} &= \frac{2a^5}{d_a \cdot ad_a} + \frac{2b^5}{d_b \cdot bd_b} + \frac{2c^5}{d_c \cdot cd_c} = \frac{2a^4}{d_a^2} + \frac{2b^4}{d_b^2} + \frac{2c^4}{d_c^2} = \\ &= 2 \left(\frac{(a^2)^3}{(ad_a)^2} + \frac{(b^2)^3}{(bd_b)^2} + \frac{(c^2)^3}{(cd_c)^2} \right) = 2 \cdot \frac{(a^2 + b^2 + c^2)^3}{(ad_a + bd_b + cd_c)^2} \geq 2 \cdot \frac{(4\sqrt{3}F)^3}{4F^2} = 96\sqrt{3} \cdot F. \end{aligned}$$

Equality holds if and only if ΔABC is equilateral and M is the center of the triangle.