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J.2417 If $x \geq 0$ and in $\triangle ABC$, $A_1 \in BC$, $B_1 \in CA$, $C_1 \in AB$ such that

$BA_1 = xA_1C$, $CB_1 = xB_1A$, $AC_1 = xC_1B$, then:

$$[A_1B_1C_1] = \frac{x^2 - x + 1}{(x + 1)^2} \cdot F \geq \frac{x}{(x + 1)^2} \cdot F$$

Proposed by D.M.Bătinețu-Giurgiu – Romania

Solution by Titu Zvonaru-Romania

By $BA_1 = xA_1C$, $BA_1 + A_1C = a$, we get:

$$BA_1 = \frac{ax}{x+1}, A_1C = \frac{a}{x+1}, \text{ and similar } CB_1 = \frac{bx}{x+1}, B_1A = \frac{b}{x+1}, AC_1 = \frac{cx}{x+1}, C_1B = \frac{c}{x+1}.$$

We obtain $[AB_1C_1] = \frac{AB_1AC_1 \sin A}{2} = \frac{bcx \sin A}{2(x+1)^2} = \frac{x}{(x+1)^2} \cdot F$. It follows that

$$\begin{aligned} [A_1B_1C_1] &= [ABC] - [AB_1C_1] - [BC_1A_1] - [CA_1B_1] = F - \frac{3x}{(x+1)^2} \cdot F \\ &= \frac{x^2 - x + 1}{(x+1)^2} \cdot F. \end{aligned}$$

By *AM – GM* we have $x^2 - x + 1 = x^2 + 1 - x \geq 2x - x = x$. It results that

$$[A_1B_1C_1] = \frac{x^2 - x + 1}{(x+1)^2} \cdot F \geq \frac{x}{(x+1)^2} \cdot F.$$

Equality holds if and only if $x = 1$, that is if and only if $\triangle A_1B_1C_1$ is the median triangle of $\triangle ABC$.