

J.2458 If $t, x, y, z > 0$, then in $\triangle ABC$ holds:

$$\frac{t^4 + x^4}{(y+z)^2} a^8 + \frac{t^4 + y^4}{(z+x)^2} b^8 + \frac{t^4 + z^4}{(x+y)^2} c^8 \geq \frac{128t^2}{3} \cdot F^4$$

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Applying *AM – GM* inequality, the known inequality $3(x^2 + y^2 + z^2) \geq (x + y + z)^2$ and Bergström's inequality, it follows that:

$$\begin{aligned} & \frac{t^4 + x^4}{(y+z)^2} a^8 + \frac{t^4 + y^4}{(z+x)^2} b^8 + \frac{t^4 + z^4}{(x+y)^2} c^8 \geq \frac{2t^2 x^2}{(y+z)^2} a^8 + \frac{2t^2 y^2}{(z+x)^2} b^8 + \frac{2t^2 z^2}{(x+y)^2} c^8 = \\ & = 2t^2 \left(\left(\frac{x}{y+z} a^4 \right)^2 + \left(\frac{y}{z+x} b^4 \right)^2 + \left(\frac{z}{x+y} c^4 \right)^2 \right) \geq \frac{2t^2}{3} \left(\frac{xa^4}{y+z} + \frac{yb^4}{z+x} + \frac{zc^4}{x+y} \right)^2 = \\ & = \frac{2t^2}{3} \left(\frac{xa^4}{y+z} + a^4 + \frac{yb^4}{z+x} + b^4 + \frac{zc^4}{x+y} + c^4 - (a^4 + b^4 + c^4) \right)^2 = \\ & = \frac{2t^2}{3} \left(\frac{(x+y+z)a^4}{y+z} + \frac{(x+y+z)b^4}{z+x} + \frac{(x+y+z)c^4}{x+y} - (a^4 + b^4 + c^4) \right)^2 = \\ & = \frac{2t^2}{3} \left((x+y+z) \left(\frac{a^4}{y+z} + \frac{b^4}{z+x} + \frac{c^4}{x+y} \right) - (a^4 + b^4 + c^4) \right)^2 \geq \\ & = \frac{2t^2}{3} \left((x+y+z) \frac{(a^2 + b^2 + c^2)^2}{y+z+z+x+x+y} - (a^4 + b^4 + c^4) \right)^2 = \\ & = \frac{2t^2}{3} \left(\frac{(a^2 + b^2 + c^2)^2}{2} - (a^4 + b^4 + c^4) \right) = \\ & = \frac{2t^2}{3} \left(\frac{2a^2b^2 + 2b^2c^2 + 2c^2a^2 - a^4 - b^4 - c^4}{2} \right)^2 = \frac{2t^2}{3} \cdot \left(\frac{16F^2}{2} \right)^2 = \frac{128t^2}{3} \cdot F^4 \end{aligned}$$