

ROMANIAN MATHEMATICAL MAGAZINE

J.2459 If $m, t, u \geq 0, t + u = 4(m + 1)$ and $x, y, z > 0$, then in ABC holds:

$$\frac{x^{m+1}a^t}{(y+z)^{m+1} \cdot h_a^u} + \frac{y^{m+1}b^t}{(z+x)^{m+1} \cdot h_b^u} + \frac{z^{m+1}c^t}{(x+y)^{m+1} \cdot h_c^u} > \frac{2^{3m-u+3}(\sqrt{F})^{t+u}}{3^m}$$

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We have $ah_a = bh_b = ch_c = 2F$. By Power Mean inequality we obtain

$$\begin{aligned} \left(\frac{x^{m+1} + y^{m+1} + z^{m+1}}{3} \right)^{\frac{1}{m+1}} &\geq \frac{x+y+z}{3} \Leftrightarrow \\ \Leftrightarrow 3^m(x^{m+1} + y^{m+1} + z^{m+1}) &\geq (x+y+z)^{m+1} \quad (1) \end{aligned}$$

Applying inequality (1), Bergström inequality and formula:

$16F^2 = 2a^2b^2 + 2b^2c^2 + 2c^2a^2 - a^4 - b^4 - c^4$, it follows that:

$$\begin{aligned} &\frac{x^{m+1}a^t}{(y+z)^{m+1} \cdot h_a^u} + \frac{y^{m+1}b^t}{(z+x)^{m+1} \cdot h_b^u} + \frac{z^{m+1}c^t}{(x+y)^{m+1} \cdot h_c^u} = \\ &= \frac{x^{m+1}a^{t+u}}{(y+z)^{m+1} \cdot a^u h_a^u} + \frac{y^{m+1}b^{t+u}}{(z+x)^{m+1} \cdot b^u h_b^u} + \frac{z^{m+1}c^{t+u}}{(x+y)^{m+1} \cdot c^u h_c^u} = \\ &= \frac{(xa^4)^{m+1}}{(y+z)^{m+1} \cdot 2^u F^u} + \frac{(yb^4)^{m+1}}{(z+x)^{m+1} \cdot 2^u F^u} + \frac{(zc^4)^{m+1}}{(x+y)^{m+1} \cdot 2^u F^u} \geq \\ &\geq \frac{1}{2^u F^u} \cdot \frac{1}{3^m} \left(\frac{x}{y+z} a^4 + \frac{y}{z+x} b^4 + \frac{z}{x+y} c^4 \right)^{m+1} = \\ &= \frac{1}{2^u F^u} \cdot \frac{1}{3^m} \left(\frac{xa^4}{y+z} + a^4 + \frac{yb^4}{z+x} + b^4 + \frac{zc^4}{x+y} + c^4 - (a^4 + b^4 + c^4) \right)^{m+1} = \\ &= \frac{1}{2^u F^u} \cdot \frac{1}{3^m} \left(\frac{(x+y+z)a^4}{y+z} + \frac{(x+y+z)b^4}{z+x} + \frac{(x+y+z)c^4}{x+y} - (a^4 + b^4 + c^4) \right)^{m+1} = \\ &= \frac{1}{2^u F^u} \cdot \frac{1}{3^m} \left((x+y+z) \left(\frac{a^4}{y+z} + \frac{b^4}{z+x} + \frac{c^4}{x+y} \right) - (a^4 + b^4 + c^4) \right)^{m+1} = \end{aligned}$$

ROMANIAN MATHEMATICAL MAGAZINE

$$\begin{aligned} &= \frac{1}{2^u F^u} \cdot \frac{1}{3^m} \left((x+y+z) \frac{(a^2 + b^2 + c^2)^2}{y+z+z+x+x+y} - (a^4 + b^4 + c^4) \right)^{m+1} = \\ &= \frac{1}{2^u F^u} \cdot \frac{1}{3^m} \left(\frac{(a^2 + b^2 + c^2)^2}{2} - (a^4 + b^4 + c^4) \right)^{m+1} = \\ &= \frac{1}{2^u F^u} \cdot \frac{1}{3^m} \left(\frac{2a^2b^2 + 2b^2c^2 + 2c^2a^2 - a^4 - b^4 - c^4}{2} \right)^{m+1} = \\ &= \frac{1}{2^u F^u} \cdot \frac{1}{3^m} \left(\frac{16F^2}{2} \right)^{m+1} = \frac{2^{3m-u+3} (\sqrt{F})^{t+u}}{3^m}. \end{aligned}$$