

ROMANIAN MATHEMATICAL MAGAZINE

J.2465 In any $\triangle ABC$ the following relationship holds:

$$\frac{m_a^2(m_a^2 + m_b m_c)}{(m_b + m_c)^2} + \frac{m_b^2(m_b^2 + m_c m_a)}{(m_c + m_a)^2} + \frac{m_c^2(m_c^2 + m_a m_b)}{(m_a + m_b)^2} \geq \frac{27r^2}{2}.$$

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We will prove the inequality

$$\frac{x^2(x^2 + yz)}{(y + z)^2} + \frac{y^2(y^2 + zx)}{(z + x)^2} + \frac{z^2(z^2 + xy)}{(x + z)^2} \geq \frac{x^2 + y^2 + z^2}{2} \quad (1)$$

We have

$$\begin{aligned} & \sum_{\text{cyc}} \frac{x^2(x^2 + yz)}{(y + z)^2} - \sum_{\text{cyc}} \frac{x^2}{2} = \sum_{\text{cyc}} \frac{x^2(2x^2 + 2yz - y^2 - 2yz - z^2)}{2(y + z)^2} \\ & = \sum_{\text{cyc}} \frac{x^2(x^2 - y^2 + x^2 - z^2)}{2(y + z)^2} = \\ & = \sum_{\text{cyc}} \frac{x^2(x^2 - y^2)}{2(y + z)^2} + \sum_{\text{cyc}} \frac{x^2(x^2 - z^2)}{2(y + z)^2} = \sum_{\text{cyc}} \frac{x^2(x^2 - y^2)}{2(y + z)^2} + \sum_{\text{cyc}} \frac{y^2(y^2 - x^2)}{2(z + x)^2} = \\ & = \sum_{\text{cyc}} \frac{x^2 - y^2}{2} \left(\frac{x^2}{(y + z)^2} - \frac{y^2}{(z + x)^2} \right) \\ & = \sum_{\text{cyc}} \frac{(x^2 - y^2)((x^4 - y^4) + 2z(x^3 - y^3) + z^2(x^2 - y^2))}{2(y + z)^2(z + x)^2} \geq 0 \end{aligned}$$

Because the expressions $x^2 - y^2, x^4 - y^4, x^3 - y^3$ have the same sign.

Taking in (1) $x = m_a, y = m_b, z = m_c$ and using the inequalities $3(x^2 + y^2 + z^2) \geq (x + y + z)^2$ and $m_a + m_b + m_c \geq 9r$ (item 8.3 from [1]) it follows that

$$\begin{aligned} & \frac{m_a^2(m_a^2 + m_b m_c)}{(m_b + m_c)^2} + \frac{m_b^2(m_b^2 + m_c m_a)}{(m_c + m_a)^2} + \frac{m_c^2(m_c^2 + m_a m_b)}{(m_a + m_b)^2} \geq \frac{m_a^2 + m_b^2 + m_c^2}{2} \geq \\ & \geq \frac{(m_a + m_b + m_c)^2}{6} \geq \frac{81r^2}{6} = \frac{27r^2}{2}. \end{aligned}$$

Equality holds if and only if $\triangle ABC$ is equilateral.

[1] O. Bottema, *Geometric Inequalities*, Groningen 1969