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J.2574 If $m, n \geq 0, m + n = 2$ and $x, y, z > 0$ then in any triangle ABC holds:

$$\frac{x \cdot a^m}{(y+z)h_a^n} + \frac{y \cdot b^m}{(z+x)h_b^n} + \frac{z \cdot c^m}{(x+y)h_c^n} \geq \frac{\sqrt{3}}{2^{n-1}} \cdot F^{1-n}$$

Proposed by D.M.Bătinețu-Giurgiu, Mihaela Nascu – Romania

Solution by Titu Zvonaru-Romania

We have $ah_a = bh_b = ch_c = 2F$. Applying Tsintsifas' inequality

$$\frac{x}{y+z} a^2 + \frac{y}{z+x} b^2 + \frac{z}{x+y} c^2 \geq 2\sqrt{3}F, \text{ it follows that:}$$

$$\begin{aligned} \frac{x \cdot a^m}{(y+z)h_a^n} + \frac{y \cdot b^m}{(z+x)h_b^n} + \frac{z \cdot c^m}{(x+y)h_c^n} &= \frac{x \cdot a^{m+n}}{(y+z)a^n h_a^n} + \frac{y \cdot b^{m+n}}{(z+x)b^n h_b^n} + \frac{z \cdot c^{m+n}}{(x+y)c^n h_c^n} = \\ &= \frac{1}{(2F)^n} \left(\frac{x}{y+z} a^2 + \frac{y}{z+x} b^2 + \frac{z}{x+y} c^2 \right) \geq \frac{1}{(2F)^n} \cdot (2\sqrt{3}F) = \frac{\sqrt{3}}{2^{n-1}} \cdot F^{1-n}. \end{aligned}$$

Equality holds if and only if the triangle ABC is equilateral and $x = y = z$.