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J.2616 If m, n, x, y, z > 0, then:

$$\left(\frac{x^2}{(my+nz)^2}+2\right)\left(\frac{y^2}{(mz+nx)^2}+2\right)\left(\frac{z^2}{(mx+ny)^2}+2\right) \ge \frac{27}{(m+n)^2}$$

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Applying Arkady Alt's inequality $(a^2+t^2)(b^2+t^2)(c^2+t^2)\geq rac{3}{4}t^4(a+b+c)^2$

(with equality if and only if $a=b=c=rac{t}{\sqrt{2}}$), it follows that

$$\left(\frac{x^{2}}{(my+nz)^{2}}+2\right)\left(\frac{y^{2}}{(mz+nx)^{2}}+2\right)\left(\frac{z^{2}}{(mx+ny)^{2}}+2\right) \ge \\
\ge \frac{3}{4}\left(\sqrt{2}\right)^{2}\left(\frac{x}{my+nz}+\frac{y}{mz+nx}+\frac{z}{mx+ny}\right)^{2} (1)$$

Using Bergström inequality and the known inequality:

$$(x + y + z)^2 \ge 3(xy + xy + zx)$$
, we obtain:

$$\frac{x}{my + nz} + \frac{y}{mz + nx} + \frac{z}{mx + ny} = \frac{x^{2}}{mxy + nzx} + \frac{y^{2}}{myz + nxy} + \frac{z^{2}}{mzx + nyz} \ge \frac{(x + y + z)^{2}}{(m + n)(xy + yz + zx)} \ge \frac{3}{m + n} \quad (2)$$

By (1) and (2) yields

$$\left(\frac{x^2}{(my+nz)^2}+2\right)\left(\frac{y^2}{(mz+nx)^2}+2\right)\left(\frac{z^2}{(mx+ny)^2}+2\right)\geq 3\left(\frac{3}{m+n}\right)^2=\frac{27}{(m+n)^2}.$$

Equality holds if and only if x=y=z and $\frac{1}{m+n}=1$, that is m+n=1.

ARKADY ALT'S INEQUALITY

If t, x, y, z > 0 then the following relationship holds:

$$(x^2+t^2)(y^2+t^2)(z^2+t^2) \ge \frac{3}{4}t^4(x+y+z)^2$$

with equality if and only if $x = y = z = \frac{t}{\sqrt{2}}$.

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Proof: We have

$$(x^2+t^2)(y^2+t^2) \ge \frac{3}{4}t^2((x+y)^2+t^2) \Leftrightarrow \left(xy-\frac{t^2}{2}\right)^2+\frac{t^2}{4}(x-y)^2 \ge 0.$$

Applying Cauchy-Buniakovski-Schwarz inequality we obtain

$$(x^{2}+t^{2})(y^{2}+t^{2})(z^{2}+t^{2}) \ge \frac{3t^{2}}{4}((x+y)^{2}+t^{2})(t^{2}+z^{2}) \ge$$
$$\ge \frac{3t^{2}}{4}(t(x+y)+tz)^{2} = \frac{3}{4}t^{4}(x+y+z)^{2}.$$

The equality holds if and only if $x = y = z = \frac{t}{\sqrt{2}}$.