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J.2618 If $x, y, z > 0$ then in any triangle ABC with the area F the following relationship holds:

$$(x^2 a^4 + 2(y+z)^2)(y^2 b^4 + 2(z+x)^2)(z^2 c^4 + 2(x+y)^2) \geq 2304 \cdot (xyz)^2 \cdot F^2$$

Proposed by D.M.Bătinețu-Giurgiu, Daniel Sitaru – Romania

Solution by Titu Zvonaru-Romania

Applying Alt's inequality $(x^2 + t^2)(y^2 + t^2)(z^2 + t^2) \geq \frac{3}{4} t^4 (x + y + z)^2$

(with equality if and only if $x = y = z = \frac{t}{\sqrt{2}}$), Cesaro's inequality $(x + y)(y + z)(z + x) \geq 8xyz$

and Tsintsifas' inequality $\frac{x}{y+z} a^2 + \frac{y}{z+x} b^2 + \frac{z}{x+y} c^2 \geq 2\sqrt{3}F$, it follows that

$$\begin{aligned} & (x^2 a^4 + 2(y+z)^2)(y^2 b^4 + 2(z+x)^2)(z^2 c^4 + 2(x+y)^2) = \\ & = (x+y)^2 (y+z)^2 (z+x)^2 \left(\left(\frac{x}{y+z} \right)^2 a^4 + 2 \right) \left(\left(\frac{y}{z+x} \right)^2 b^4 + 2 \right) \left(\left(\frac{z}{x+y} \right)^2 c^4 + 2 \right) \geq \\ & \geq 64(xyz)^2 \cdot \frac{3}{4} (\sqrt{2})^4 \left(\frac{x}{y+z} a^2 + \frac{y}{z+x} b^2 + \frac{z}{x+y} c^2 \right)^2 \geq \\ & \geq 64(xyz)^2 \cdot 3(2\sqrt{3}F)^2 = 2304(xyz)^2 \cdot F^2. \end{aligned}$$

Equality holds if and only if $a = b = c = \sqrt{2}, x = y = z$.

ARKADY ALT'S INEQUALITY

If $t, x, y, z > 0$ then the following relationship holds:

$$(x^2 + t^2)(y^2 + t^2)(z^2 + t^2) \geq \frac{3}{4} t^4 (x + y + z)^2$$

with equality if and only if $x = y = z = \frac{t}{\sqrt{2}}$.

Proof: We have

$$(x^2 + t^2)(y^2 + t^2) \geq \frac{3}{4} t^2 ((x+y)^2 + t^2) \Leftrightarrow \left(xy - \frac{t^2}{2} \right)^2 + \frac{t^2}{4} (x-y)^2 \geq 0.$$

Applying Cauchy-Buniakovski-Schwarz inequality we obtain

$$\begin{aligned} (x^2 + t^2)(y^2 + t^2)(z^2 + t^2) & \geq \frac{3t^2}{4} ((x+y)^2 + t^2)(t^2 + z^2) \geq \\ & \geq \frac{3t^2}{4} (t(x+y) + tz)^2 = \frac{3}{4} t^4 (x+y+z)^2. \end{aligned}$$

The equality holds if and only if $x = y = z = \frac{t}{\sqrt{2}}$.