ROMANIAN MATHEMATICAL MAGAZINE

S.2359 If x, y, z > 0 then in $\triangle ABC$ holds:

$$(x+y)ab + (y+z)bc + (z+x)ca \ge 8\sqrt{xy+yz+zx} \cdot F$$

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First, we will prove that

$$27(x+y)^2(y+z)^2(z+x)^2 \ge 64(xy+yz+zx)^3 \qquad (1)$$

First we prove that $9(x+y)(y+z)(z+x) \ge 8(x+y+z)(xy+yz+zx)$ (2)

which is equivalent with:

$$x(z-y)^2 + y(x-z)^2 + z(y-x)^2 \ge 0$$

and
$$(x + y + z)^2 \ge 3(xy + yz + zx)$$
 (3)

we obtain by squaring (2):

$$81(x+y)^2(y+z)^2(z+x)^2 \ge 64(x+y+z)^2(xy+yz+zx)^2 \stackrel{(3)}{\ge} 192(xy+yz+zx)^3,$$
 hence the inequality (1) is true.

Using (1), AM-GM and Carlitz' inequality $(abc)^{2/3} \geq \frac{4}{3}\sqrt{3}F$, we obtain:

$$(x+y)ab + (y+z)bc + (z+x)ca \stackrel{AM-GM}{\geq}$$

$$\geq 3\left((x+y)(y+z)(z+x)(abc)^2\right)^{1/3} \stackrel{CARLITZ}{\cong} \geq 8\sqrt{xy+yz+zx} \cdot F.$$

Equality holds if and only if x = y = z and $\triangle ABC$ is equilateral.