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$$E_1 = 1 - \sum_{cyc} \frac{x}{2x+z}, \quad E_2 = 1 - \sum_{cyc} \frac{x}{x+2y}, \quad x, y, z > 0$$

Make a choice: A. $E_1 E_2 \geq 0$ B. $E_1 E_2 \leq 0$

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We will prove that

$$\frac{x}{2x+z} + \frac{y}{2y+x} + \frac{z}{2z+y} \leq 1 \quad (1)$$

Since we want to use Bergström inequality, we change " \leq " sign to " \geq " sign. The inequality (1) is equivalent to

$$\begin{aligned} \frac{1}{2} - \frac{x}{2x+z} + \frac{1}{2} - \frac{y}{2y+x} + \frac{1}{2} - \frac{z}{2z+y} &\geq \frac{3}{2} - 1 \\ \frac{z}{2x+z} + \frac{x}{2y+x} + \frac{y}{2z+y} &\geq 1 \quad (2) \end{aligned}$$

Applying Bergström inequality we obtain

$$\begin{aligned} \frac{z}{2x+z} + \frac{x}{2y+x} + \frac{y}{2z+y} &= \frac{z^2}{2zx+z^2} + \frac{x^2}{2xy+x^2} + \frac{y^2}{2yz+y^2} \\ &\geq \frac{(x+y+z)^2}{x^2+y^2+z^2+2(xy+yz+zx)} = \frac{(x+y+z)^2}{(x+y+z)^2} = 1 \Rightarrow E_1 \\ &= 1 - \sum_{cyc} \frac{x}{2x+z} \geq 0. \end{aligned}$$

Equality holds if and only if $x = y = z$.

Applying Bergström we obtain

$$\begin{aligned} \frac{x}{x+2y} + \frac{y}{y+2z} + \frac{z}{z+2x} &= \frac{x^2}{x^2+2xy} + \frac{y^2}{y^2+2yz} + \frac{z^2}{z^2+2zx} \geq \\ &\geq \frac{(x+y+z)^2}{x^2+y^2+z^2+2(xy+yz+zx)} = \frac{(x+y+z)^2}{(x+y+z)^2} = 1 \Rightarrow E_2 = 1 - \sum_{cyc} \frac{x}{2x+y} \leq 0. \end{aligned}$$

Equality holds if and only if $x = y = z$.

It follows that $E_1 E_2 \leq 0$.