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S.2401 If $m, n > 0$ the in $\triangle ABC$ the following relationship holds:

$$4\sqrt{3}(m+n) \cdot \frac{r}{R} \leq \sum_{\text{cyc}} \frac{ma+nb}{r_c} \leq \frac{3R(m+n)}{F} \cdot \sqrt{9R^2 - s^2}$$

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Since $r_a = \frac{F}{s-a}$, we obtain:

$$\begin{aligned} \sum_{\text{cyc}} \frac{ma+nb}{r_c} &= \frac{ma(s-c) + nb(s-c) + mb(s-a) + nc(s-a) + mc(s-b) + na(s-b)}{F} = \\ &= \frac{m(s(a+b+c) - (ab+bc+ca)) + n(s(a+b+c) - (ab+bc+ca))}{F} = \\ &= \frac{(m+n)((a+b+c)^2 - 2(ab+bc+ca))}{2F} = \frac{(m+n)(a^2+b^2+c^2)}{2F}. \end{aligned}$$

It results that we have to prove that

$$4\sqrt{3} \cdot \frac{r}{R} \leq \frac{a^2+b^2+c^2}{2F} \leq \frac{3R}{F} \cdot \sqrt{9R^2 - s^2} \quad (1)$$

By Euler inequality $R \geq 2r$ and Ionescu-Weitzenbock's inequality $a^2 + b^2 + c^2 \geq 4\sqrt{3} \cdot F$,

it follows that:

$$\frac{a^2+b^2+c^2}{2F} \geq 2\sqrt{3} \geq 4\sqrt{3} \cdot \frac{r}{R}.$$

The right inequality in (1) is equivalent to

$$a^2 + b^2 + c^2 \leq 6R\sqrt{9R^2 - s^2} \Leftrightarrow (a^2 + b^2 + c^2)^2 \leq 36R^2(9R^2 - s^2)$$

Using the known inequality $a^2 + b^2 + c^2 \leq 9R^2$, it suffices to prove that

$$81R^4 \leq 36R^2(9R^2 - s^2) \Leftrightarrow 9R^2 \leq 36R^2 - 4s^2 \Leftrightarrow a + b + c \leq 3\sqrt{3}R,$$

which is item 5.5 from [1].

Equality for both sides holds if and only if $\triangle ABC$ is equilateral.

[1] O. Bottema, *Geometric Inequalities*, Groningen 1969