

S.2414 If $t > 0$, then in $\triangle ABC$ holds:

$$\left(\left(\frac{a^3}{bR + cr} \right)^2 + t^2 \right) \left(\left(\frac{b^3}{cR + ar} \right)^2 + t^2 \right) \left(\left(\frac{c^3}{aR + br} \right)^2 + t^2 \right) \geq \frac{36t^4}{(R+r)^2} F^2.$$

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It is known the inequality of Arkady Alt (see for example [1]):

$$(x^2 + t^2)(y^2 + t^2)(z^2 + t^2) \geq \frac{3}{4}t^4(x + y + z)^2 \quad (1)$$

with equality if and only if $x = y = z, t = x\sqrt{2}$.

Using (1), it follows that

$$\begin{aligned} & \left(\left(\frac{a^3}{bR + cr} \right)^2 + t^2 \right) \left(\left(\frac{b^3}{cR + ar} \right)^2 + t^2 \right) \left(\left(\frac{c^3}{aR + br} \right)^2 + t^2 \right) \geq \\ & \geq \frac{3}{4}t^4 \left(\frac{a^3}{bR + cr} + \frac{b^3}{cR + ar} + \frac{c^3}{aR + br} \right)^2. \end{aligned}$$

It remains to prove that

$$\frac{3}{4}t^4 \left(\frac{a^3}{bR + cr} + \frac{b^3}{cR + ar} + \frac{c^3}{aR + br} \right)^2 \geq \frac{36t^4}{(R+r)^2} F^2$$

that is

$$\frac{a^3}{bR + cr} + \frac{b^3}{cR + ar} + \frac{c^3}{aR + br} \geq \frac{4\sqrt{3}F}{R+r} \quad (2)$$

Applying Bergström's inequality, Ionescu-Weitzenböck's inequality $a^2 + b^2 + c^2 \geq 4\sqrt{3}F$ and the well known inequality $ab + bc + ca \leq a^2 + b^2 + c^2$, it follows that

$$\begin{aligned} & \frac{a^3}{bR + cr} + \frac{b^3}{cR + ar} + \frac{c^3}{aR + br} = \frac{a^4}{abR + car} + \frac{b^4}{bcR + abr} + \frac{c^4}{caR + bcr} \geq \\ & \geq \frac{(a^2 + b^2 + c^2)^2}{R(ab + bc + ca) + r(ab + bc + ca)} \geq \frac{(a^2 + b^2 + c^2)^2}{(R+r)(a^2 + b^2 + c^2)} \geq \frac{4\sqrt{3}F}{R+r}, \end{aligned}$$

hence the inequality (2) is true.

Equality holds if and only if $\triangle ABC$ is equilateral and $t = \frac{a^3\sqrt{2}}{\frac{a^2}{\sqrt{3}} + \frac{a^2}{2\sqrt{3}}} = a\sqrt{\frac{2}{3}}$.

ARKADY ALT'S INEQUALITY

If $t, x, y, z > 0$ then the following relationship holds:

$$(x^2 + t^2)(y^2 + t^2)(z^2 + t^2) \geq \frac{3}{4}t^4(x + y + z)^2$$

with equality if and only if $x = y = z = \frac{t}{\sqrt{2}}$.

Proof: We have

$$(x^2 + t^2)(y^2 + t^2) \geq \frac{3}{4}t^2((x + y)^2 + t^2) \Leftrightarrow \left(xy - \frac{t^2}{2}\right)^2 + \frac{t^2}{4}(x - y)^2 \geq 0.$$

Applying Cauchy-Buniakovski-Schwarz inequality we obtain

$$\begin{aligned}(x^2 + t^2)(y^2 + t^2)(z^2 + t^2) &\geq \frac{3t^2}{4}((x + y)^2 + t^2)(t^2 + z^2) \geq \\ &\geq \frac{3t^2}{4}(t(x + y) + tz)^2 = \frac{3}{4}t^4(x + y + z)^2.\end{aligned}$$

The equality holds if and only if $x = y = z = \frac{t}{\sqrt{2}}$.