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S.2620 In any triangle ABC with the area F the following relationship holds:

$$(a^2 + 2)^3 + (b^2 + 2)^3 + (c^2 + 2)^3 \geq 108\sqrt{3}F$$

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Applying $AM - GM$ inequality, Arkady Alt's inequality

$$(a^2 + t^2)(b^2 + t^2)(c^2 + t^2) \geq \frac{3}{4}t^4(a + b + c)^2 \text{ (with equality if and only if}$$

$$a = b = c = \frac{t}{\sqrt{2}}), \text{ Ionescu-Weitzenbock's inequality } a^2 + b^2 + c^2 \geq 4\sqrt{3}F \text{ and}$$

Gordon's inequality $ab + bc + ca \geq 4\sqrt{3}F$, it follows that

$$(a^2 + 2)^3 + (b^2 + 2)^3 + (c^2 + 2)^3 \geq 3(a^2 + 2)(b^2 + 2)(c^2 + 2) \geq$$

$$\geq 3 \cdot \frac{3}{4}(\sqrt{2})^4 (a + b + c)^2 =$$

$$= 9(a^2 + b^2 + c^2 + 2(ab + bc + ca)) \geq 9(12\sqrt{3}F) = 108\sqrt{3}F.$$

Equality holds if and only if $a = b = c = 1$.

ARKADY ALT'S INEQUALITY

If $t, x, y, z > 0$ then the following relationship holds:

$$(x^2 + t^2)(y^2 + t^2)(z^2 + t^2) \geq \frac{3}{4}t^4(x + y + z)^2$$

with equality if and only if $x = y = z = \frac{t}{\sqrt{2}}$.

Proof: We have

$$(x^2 + t^2)(y^2 + t^2) \geq \frac{3}{4}t^2((x + y)^2 + t^2) \Leftrightarrow \left(xy - \frac{t^2}{2}\right)^2 + \frac{t^2}{4}(x - y)^2 \geq 0.$$

Applying Cauchy-Buniakovski-Schwarz inequality we obtain

$$(x^2 + t^2)(y^2 + t^2)(z^2 + t^2) \geq \frac{3t^2}{4}((x + y)^2 + t^2)(t^2 + z^2) \geq$$

$$\geq \frac{3t^2}{4}(t(x + y) + tz)^2 = \frac{3}{4}t^4(x + y + z)^2.$$

The equality holds if and only if $x = y = z = \frac{t}{\sqrt{2}}$