

## SPIEKER'S CEVIANS IN THE GEOMETRY OF TRIANGLE

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**Abstract :**

In this article, we establish new geometric inequalities in triangle involving Spieker's Cevians.

We consider  $\triangle ABC$  with usual notations. Let  $p_a, p_b, p_c$  be the Spieker's Cevians in  $\triangle ABC$ .

**Lemma 1.**

**Given two points  $P = (x_1, y_1, z_1)$  and  $Q = (x_2, y_2, z_2)$  in normalized barycentric coordinates in the plane of the triangle  $ABC$ . Then :**

$$PQ^2 = -a^2(y_1 - y_2)(z_1 - z_2) - b^2(z_1 - z_2)(x_1 - x_2) - c^2(x_1 - x_2)(y_1 - y_2).$$

The above formulae is well known (see [1, pp. 11]).

Note that the barycentric coordinates of  $A$  and  $S_p$  are

$$A = (1 : 0 : 0) \text{ and } S_p = (b + c : c + a : a + b).$$

If  $D$  is the point of intersection of the lines  $AS_p$  and  $BC$ , then we have

$D = (0 : c + a : a + b)$ , and by using the Lemma 1, we have

$$\begin{aligned} p_a^2 = DA^2 &= -a^2 \cdot \frac{c+a}{2a+b+c} \cdot \frac{a+b}{2a+b+c} - b^2 \cdot \frac{a+b}{2a+b+c} \cdot (-1) - c^2(-1) \cdot \frac{c+a}{2a+b+c} \\ \Rightarrow p_a^2 &= \frac{b^3 + c^3 + a(b^2 + c^2)}{2a+b+c} - \frac{a^2(a+b)(a+c)}{(2a+b+c)^2}. \end{aligned} \tag{1'}$$

**Lemma 2.** For any triangle  $ABC$ , we have

$$p_a^2 = s(s-a) + \frac{s(3s+a)(b-c)^2}{(2s+a)^2}. \tag{2'}$$

**Proof.** Using the identity (1'), we have

$$\begin{aligned} p_a^2 &= \frac{(b+c+2a)(b+c)^2 + [3(b+c)+2a](b-c)^2}{4(2a+b+c)} - \frac{a^2[(2a+b+c)^2 - (b-c)^2]}{4(2a+b+c)^2} \\ &= \frac{(b+c)^2 - a^2}{4} + \frac{(2a+b+c)[3(b+c)+2a] + a^2}{4(2a+b+c)^2} \cdot (b-c)^2 \end{aligned}$$

$$= s(s-a) + \frac{(a+b+c)(5a+3b+3c)}{4(2a+b+c)^2} \cdot (b-c)^2 = s(s-a) + \frac{s(3s+a)(b-c)^2}{(2s+a)^2}.$$

**Lemma 3.** For any triangle  $ABC$ , we have

$$m_a \leq p_a \leq n_a. \quad (3')$$

Equality holds if and only if  $b = c$ .

**Proof.** We have the following known formulas

$$m_a^2 = s(s-a) + \frac{(b-c)^2}{4}, \quad n_a^2 = s(s-a) + \frac{s(b-c)^2}{a}.$$

$$\text{Since } \frac{s(3s+a)}{(2s+a)^2} = \frac{1}{4} + \frac{8s^2 - a^2}{4(2s+a)^2} \geq \frac{1}{4} \text{ and } \frac{3s+a}{(2s+a)^2} =$$

$$= \frac{1}{a} - \frac{4s^2 + sa}{a(2s+a)^2} \leq \frac{1}{a}, \text{ then by using (2),}$$

we obtain :  $m_a \leq p_a \leq n_a$ .

**Lemma 4.** For any triangle  $ABC$ , we have

$$(2s+a)(2s+b)(2s+c) = 2s(9s^2 + r^2 + 6Rr). \quad (4')$$

$$\frac{1}{2s+a} + \frac{1}{2s+b} + \frac{1}{2s+c} = \frac{21s^2 + r^2 + 4Rr}{2s(9s^2 + r^2 + 6Rr)}. \quad (5')$$

$$\sum_{cyc} (2s+a)p_a^2 = 2s \cdot \frac{21s^4 - s^2(92Rr + 30r^2) - 64R^2r^2 - 28Rr^3 - 3r^4}{9s^2 + r^2 + 6Rr}. \quad (6')$$

$$\sum_{cyc} (2s+a)^2 p_a^2 = 4s^2(3s^2 - r^2 - 16Rr). \quad (7')$$

$$\sum_{cyc} (2s+a)^3 p_a^2 = 32s^3(s^2 + r^2 - 6Rr). \quad (8')$$

**Proof.** With known identities [2, pp. 52],

$$a+b+c = 2s, \quad abc = 4Rsr$$

$$a^2 + b^2 + c^2 = 2(s^2 - r^2 - 4Rr), \quad ab + bc + ca = s^2 + r^2 + 4Rr$$

$$a^3 + b^3 + c^3 = 2s(s^2 - 3r^2 - 6Rr),$$

$$a^4 + b^4 + c^4 = 2s^4 - 4(4Rr + 3r^2)s^2 + 2(4R + r)^2r^2,$$

we obtain

$$\begin{aligned} \textcircled{2} (2s + a)(2s + b)(2s + c) &= 8s^3 + 4s^2(a + b + c) + 2s(ab + bc + ca) + abc \\ &= 2s(9s^2 + r^2 + 6Rr). \end{aligned}$$

$$\begin{aligned} \textcircled{2} \frac{1}{2s + a} + \frac{1}{2s + b} + \frac{1}{2s + c} &= \frac{12s^2 + 4s(a + b + c) + (ab + bc + ca)}{(2s + a)(2s + b)(2s + c)} \\ &= \frac{21s^2 + r^2 + 4Rr}{2s(9s^2 + r^2 + 6Rr)}. \end{aligned}$$

Now, since we have

$$\begin{aligned} a^2(a + b)(a + c) &= a^2(2sa + bc) = a(2sa^2 + 4sRs) \\ &= [(2s + a) - 2s] \cdot 2s[4s^2 + 2Rr - (2s + a)(2s - a)] \\ &= 2s(2s + a)(a^2 + 4s^2 + 2Rr - 2sa) - 8s^2(2s^2 + Rr). \end{aligned}$$

then, by using the identity (1'), we obtain

$$\begin{aligned} (2s + a)p_a^2 &= b^3 + c^3 + a(b^2 + c^2) - \frac{a^2(a + b)(a + c)}{2s + a} \\ &= b^3 + c^3 + a(b^2 + c^2) - 2s(a^2 + 4s^2 + 2Rr - 2sa) + \frac{8s^2(2s^2 + Rr)}{2s + a}. \end{aligned}$$

Adding this identity with its similar ones and using the identity (5'), we obtain

$$\begin{aligned} \textcircled{2} \sum_{cyc} (2s + a)p_a^2 &= \sum a^3 + \sum a^2 \cdot \sum a - 2s \sum a^2 - 6s(4s^2 + 2Rr) + 4s^2 \sum a + \\ &\quad + 8s^2(2s^2 + Rr) \left( \frac{1}{2s + a} + \frac{1}{2s + b} + \frac{1}{2s + c} \right) \\ &= 2s \cdot \frac{21s^4 - s^2(92Rr + 30r^2) - 64R^2r^2 - 28Rr^3 - 3r^4}{9s^2 + r^2 + 6Rr}. \end{aligned}$$

Now, by using the identity (2'), we have

$$(2s + a)^2 p_a^2 = s(s - a)(2s + a)^2 + s(3s + a)(b - c)^2$$

$$= 4s^4 - 2sa^3 + 3s^2(b^2 + c^2 - a^2 - 2bc) + s(a^2 + b^2 + c^2)a - 2sabc,$$

Adding this identity with its similar ones, we obtain

$$\begin{aligned} \sum_{cyc} (2s + a)^3 p_a^2 &= 12s^4 - 2s \sum a^3 + 3s^2 \sum (a^2 - 2bc) + s \sum a^2 \cdot \sum a - 6sabc \\ &= 4s^2(3s^2 - r^2 - 16Rr). \end{aligned}$$

Also, by using the identity (2'), we have

$$\begin{aligned} (2s + a)^3 p_a^2 &= s(s - a)(2s + a)^3 + s(3s + a)(2s + a)(b - c)^2 \\ &= 8s^5 + 2s(2s^3 - abc)a - 10s^2 a^3 - 2sa^4 - 12s^3(a^2 + bc) \\ &\quad + (6s^3 + 5s^2 a + sa^2)(a^2 + b^2 + c^2) - 10s^2 abc, \end{aligned}$$

Adding this identity with its similar ones, we obtain

$$\begin{aligned} &\sum_{cyc} (2s + a)^3 p_a^2 \\ &= 24s^5 + 2s(2s^3 - abc) \sum a - 10s^2 \sum a^3 - 2s \sum a^4 \\ &\quad - 12s^3 \sum (a^2 + bc) + \sum a^2 \cdot (18s^3 + 5s^2 \sum a + s \sum a^2) - 30s^2 abc \\ &= 32s^3(s^2 + r^2 - 6Rr). \end{aligned}$$

**Theorem 1.** For any triangle  $ABC$ , we have

$$p_a + p_b + p_c \leq \frac{14R - r}{3}. \tag{9'}$$

**Equality holds if and only if the triangle  $ABC$  is equilateral.**

**Proof.** By using the CBS inequality and the results (5') and (6'), we have

$$\begin{aligned} &(p_a + p_b + p_c)^2 \\ &\leq ((2s + a)p_a^2 + (2s + b)p_b^2 + (2s + c)p_c^2) \left( \frac{1}{2s + a} + \frac{1}{2s + b} + \frac{1}{2s + c} \right) \\ &= \frac{[21s^4 - s^2(92Rr + 30r^2) - 64R^2r^2 - 28Rr^3 - 3r^4](21s^2 + r^2 + 4Rr)}{(9s^2 + r^2 + 6Rr)^2} \\ &= (21s^2 + r^2 + 4Rr) \cdot f(s^2), \end{aligned}$$

where  $f(s^2) = \frac{21s^4 - (92Rr + 30r^2)s^2 - 64R^2r^2 - 28Rr^3 - 3r^4}{(9s^2 + r^2 + 6Rr)^2}$ .

We have  $f'(s^2) = \frac{24(45Rr + 13r^2)s^2 + 8(75R^2 + 29Rr + 3r^2)r^2}{(9s^2 + r^2 + 6Rr)^3}$   
 $> 0$ , then  $f$  is increasing,

and by using Gerretsen's inequality  $s^2 \leq 4R^2 + 4Rr + 3r^2$ , we obtain

$$\begin{aligned} (p_a + p_b + p_c)^2 &\leq (21s^2 + r^2 + 4Rr) \cdot f(s^2) \\ &\leq (84R^2 + 88Rr + 64r^2) \cdot f(4R^2 + 4Rr + 3r^2) \\ &= \frac{16(441R^6 + 861R^5r + 1132R^4r^2 + 805R^3r^3 + 524R^2r^4 + 212Rr^5 + 96r^6)}{(18R^2 + 21Rr + 14r^2)^2} \\ &= \left(\frac{14R - r}{3}\right)^2 \\ &= \frac{(R - 2r)(15120R^4r + 31608R^3r^2 + 36840R^2r^3 + 21121Rr^4 + 6814r^5)}{9(18R^2 + 21Rr + 14r^2)^2} \\ &\leq \left(\frac{14R - r}{3}\right)^2, \end{aligned}$$

the last line is true by Euler's inequality

$R \geq 2r$ , with equality if and only if  $ABC$  is equilateral.

This completes the proof of Theorem 1.

**Theorem 2.** For any triangle  $ABC$ , we have

$$p_a p_b p_c \leq \frac{(8R - 7r)s^2}{9}. \tag{10'}$$

**Equality holds if and only if the triangle  $ABC$  is equilateral.**

**Proof.** By using the AM – GM inequality, we have

$$(2s + a)^2 p_a^2 + (2s + b)^2 p_b^2 + (2s + c)^2 p_c^2 \geq 3 \sqrt[3]{((2s + a)(2s + b)(2s + c)p_a p_b p_c)^2}.$$

Using the identities (4') and (7'), we obtain

$$(p_a p_b p_c)^2 \leq \frac{[(2s + a)^2 p_a^2 + (2s + b)^2 p_b^2 + (2s + c)^2 p_c^2]^3}{27[(2s + a)(2s + b)(2s + c)]^2} = \frac{[4s^2(3s^2 - r^2 - 16Rr)]^3}{27[2s(9s^2 + r^2 + 6Rr)]^2}$$

$$= \frac{16s^4(3s^2 - r^2 - 16Rr)}{243} \cdot \left(1 - \frac{54Rr + 4r^2}{9s^2 + r^2 + 6Rr}\right)^2,$$

and by using Gerretsen's inequality  $s^2 \leq 4R^2 + 4Rr + 3r^2$ , we obtain

$$\begin{aligned} (p_a p_b p_c)^2 &\leq \frac{16s^4(12R^2 - 4Rr + 8r^2)}{243} \cdot \left(1 - \frac{54Rr + 4r^2}{36R^2 + 42Rr + 28r^2}\right)^2 \\ &= \frac{256(3R^2 - Rr + 2r^2)^3}{27(18R^2 + 21Rr + 14r^2)^2} \cdot s^4. \end{aligned}$$

To complete the proof it is enough to prove that

$$768(3R^2 - Rr + 2r^2)^3 \leq (8R - 7r)^2(18R^2 + 21Rr + 14r^2)^2,$$

which is equivalent to

$$r(R - 2r)(32832R^4 + 8964R^3r + 15180R^2r^2 - 8903Rr^3 - 1730r^4) \geq 0,$$

which is true by Euler's inequality  $R \geq 2r$ , with equality if and only if  $ABC$  is equilateral.

This completes the proof of Theorem 2.

**Theorem 3.** For any triangle  $ABC$ , we have

$$\frac{1}{p_a} + \frac{1}{p_b} + \frac{1}{p_c} \geq \frac{2}{R}. \quad (11')$$

**Equality holds if and only if the triangle  $ABC$  is equilateral.**

**Proof.** By using Hölder's inequality, we have

$$\begin{aligned} \left(\frac{1}{p_a} + \frac{1}{p_b} + \frac{1}{p_c}\right)^2 &\geq \frac{[(2s + a) + (2s + b) + (2s + c)]^3}{(2s + a)^3 p_a^2 + (2s + b)^3 p_b^2 + (2s + c)^3 p_c^2} \\ &= \frac{(8s)^3}{32s^3(s^2 + r^2 - 6Rr)} = \frac{16}{s^2 + r^2 - 6Rr}, \end{aligned}$$

and by using Gerretsen's inequality  $s^2 \leq 4R^2 + 4Rr + 3r^2$ ,

and Euler's inequality  $R \geq 2r$ , we get

$$\frac{1}{p_a} + \frac{1}{p_b} + \frac{1}{p_c} \geq \frac{4}{\sqrt{4R^2 - 2r(R - 2r)}} \geq \frac{2}{R}$$

with equality if and only if  $ABC$  is equilateral. This completes the proof of Theorem 3.

The main aim of the following part is to establish a geometric inequality involving Speiker's cevians angle bisectors and medians of a triangle, and applications of this inequality.

**Theorem 4.** For any triangle  $ABC$ , we have

$$p_a w_a \leq m_a^2. \quad (12')$$

Equality holds if and only if  $b = c$ .

**Proof.** By the formulas for median and angle bisector of triangle  $ABC$ ,

$$m_a^2 = \frac{1}{4}(2b^2 + 2c^2 - a^2) \text{ and } w_a = \frac{2\sqrt{bcs(s-a)}}{b+c}, \text{ we can easily get}$$

$$m_a^2 = s(s-a) + \frac{(b-c)^2}{4} \text{ and } w_a^2 = s(s-a) - \frac{s(s-a)(b-c)^2}{(b+c)^2}.$$

and by using the identity (2'), we can get

$$p_a^2 = m_a^2 + \frac{(8s^2 - a^2)(b-c)^2}{4(2s+a)^2} \text{ and } w_a^2 = m_a^2 - \frac{(8s^2 - 8sa + a^2)(b-c)^2}{4(2s-a)^2}.$$

Based on these results, we have

$$\begin{aligned} p_a^2 w_a^2 &= \left( m_a^2 + \frac{(8s^2 - a^2)(b-c)^2}{4(2s+a)^2} \right) \left( m_a^2 - \frac{(8s^2 - 8sa + a^2)(b-c)^2}{4(2s-a)^2} \right) \\ &\leq m_a^4 - m_a^2 \left( \frac{8s^2 - 8sa + a^2}{(2s-a)^2} - \frac{8s^2 - a^2}{(2s+a)^2} \right) \frac{(b-c)^2}{4} \\ &= m_a^4 - \frac{m_a^2 [4sa(s-a)(4s+a) + a^4] (b-c)^2}{2(4s^2 - a^2)^2} \leq m_a^4, \end{aligned}$$

the last line is true because  $s > a$ , with equality if and only if  $b = c$ .

This completes the proof of Lemma 5.

By Lemma 5 and some known identities a inequalities, we can get the following results

**Corollary 1.** For any triangle  $ABC$ , we have

$$p_a w_a + p_b w_b + p_c w_c \leq \frac{3}{4}(s^2 - r^2 - 4Rr). \quad (13')$$

Equality holds if and only if the triangle  $ABC$  is equilateral.

**Corollary 2.** For any triangle  $ABC$ , we have

$$p_a w_a + p_b w_b + p_c w_c \leq \frac{3}{2}(2R^2 + r^2). \quad (14')$$

Equality holds if and only if the triangle  $ABC$  is equilateral.

**Corollary 3.** For any triangle  $ABC$ , we have

$$ap_a w_a + bp_b w_b + cp_c w_c \leq \frac{s}{2}(s^2 + 5r^2 + 2Rr). \quad (15')$$

Equality holds if and only if the triangle  $ABC$  is equilateral.

**Corollary 4.** For any triangle  $ABC$ , we have

$$(b+c)p_a w_a + (c+a)p_b w_b + (a+b)p_c w_c \leq \frac{s}{2}(5s^2 - 11r^2 - 26Rr). \quad (16')$$

Equality holds if and only if the triangle  $ABC$  is equilateral.

**Corollary 5.** For any triangle  $ABC$ , we have

$$\sqrt{p_a w_a} + \sqrt{p_b w_b} + \sqrt{p_c w_c} \leq m_a + m_b + m_c. \quad (17')$$

Equality holds if and only if the triangle  $ABC$  is equilateral.

**Corollary 6.** For any triangle  $ABC$ , we have

$$\sqrt{p_a w_a} + \sqrt{p_b w_b} + \sqrt{p_c w_c} \leq 4R + r. \quad (18')$$

Equality holds if and only if the triangle  $ABC$  is equilateral.

**Corollary 7.** For any triangle  $ABC$ , we have

$$w_a + w_b + w_c \leq \frac{m_a^2}{p_a} + \frac{m_b^2}{p_b} + \frac{m_c^2}{p_c} \leq m_a + m_b + m_c. \quad (19')$$

Equality holds if and only if the triangle  $ABC$  is equilateral.

**Corollary 8.** For any triangle  $ABC$ , we have



$$p_a + p_b + p_c \leq \frac{m_a^2}{w_a} + \frac{m_b^2}{w_b} + \frac{m_c^2}{w_c}. \quad (20')$$

Equality holds if and only if the triangle  $ABC$  is equilateral.

**Corollary 9.** For any triangle  $ABC$ , we have

$$\frac{p_a}{m_a} + \frac{p_b}{m_b} + \frac{p_c}{m_c} \leq \frac{m_a}{w_a} + \frac{m_b}{w_b} + \frac{m_c}{w_c}. \quad (\text{Soumava Chakraborty}) \quad (21')$$

Equality holds if and only if the triangle  $ABC$  is equilateral.

**Corollary 10.** For any triangle  $ABC$ , we have

$$\frac{p_a w_a}{h_a m_a} + \frac{p_b w_b}{h_b m_b} + \frac{p_c w_c}{h_c m_c} \leq \frac{m_a}{h_a} + \frac{m_b}{h_b} + \frac{m_c}{h_c} \leq \frac{3R}{2r}. \quad (\text{Soumava Chakraborty}) \quad (22')$$

Equality holds if and only if the triangle  $ABC$  is equilateral.

**Corollary 11.** For any triangle  $ABC$ , we have

$$\frac{\sqrt{p_a w_a}}{h_a} + \frac{\sqrt{p_b w_b}}{h_b} + \frac{\sqrt{p_c w_c}}{h_c} \leq \frac{m_a}{h_a} + \frac{m_b}{h_b} + \frac{m_c}{h_c} \leq \frac{3R}{2r}. \quad (23')$$

Equality holds if and only if the triangle  $ABC$  is equilateral.

In this part, we will use the Theorem 4. to obtain new results;

After summation we obtain  $\sum p_a l_a \leq \sum m_a^2$

$$\sum m_a^2 = \frac{3}{4}(a^2 + b^2 + c^2) \rightarrow \frac{4}{3} \sum p_a l_a \leq a^2 + b^2 + c^2 \quad (1)$$

We use well-known identity:  $m_a^2 = r_b r_c + \frac{1}{4}(b - c)^2$  (and analogs) and we obtain:

$$\frac{1}{2} |b-c| \geq \sqrt{p_a l_a - r_b r_c} \quad (\text{and analogs}) \quad (2)$$

We use  $4m_a^2 = n_a^2 + g_a^2 + 2r_b r_c$  (and analogs) [4] and obtain:

$$n_a^2 + g_a^2 \geq 4p_a l_a - 2r_b r_c \quad (\text{and analogs}) \quad (3)$$

From (3) we obtain :

$$n_a + g_a \geq \sqrt{4p_a l_a + 2n_a g_a - 2r_b r_c} \quad (\text{and analogs}) \quad (4)$$

But  $n_a g_a \geq m_a l_a$  (and analogs) and from (4) we obtain:

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$$n_a + g_a \geq \sqrt{4p_a l_a + 2m_a l_a - 2r_b r_c} \text{ (and analogs) (5)}$$

But  $(b - c)^2 = (n_a - g_a)^2 + 2(n_a g_a - r_b r_c)$  (and analogs) and (2) we obtain:

$$n_a - g_a \geq \sqrt{|4p_a l_a - 2n_a g_a - 2r_b r_c|} \text{ (and analogs) (6)}$$

From (4) and (6) after summation we obtain:

$$2n_a \geq \sqrt{4p_a l_a + 2n_a g_a - 2r_b r_c} + \sqrt{|4p_a l_a - 2n_a g_a - 2r_b r_c|} \text{ (and analogs) (7)}$$

$$4m_a^2 = 2(b^2 + c^2) - a^2 \geq 4p_a l_a \rightarrow b^2 + c^2 \geq \frac{1}{2}(4p_a l_a + a^2) \text{ (and analogs) (8)}$$

From (8) we obtain:  $\frac{b}{c} + \frac{c}{b} \geq \frac{4p_a l_a + a^2}{2bc}$  (and analogs)

But  $\frac{\sin(A+\omega)}{\sin \omega} = \frac{b}{c} + \frac{c}{b}$  (and analogs) (Traian Lalescu)[5]

$\omega$ -Brocard angle in  $\triangle ABC$ , We obtain:

$$\frac{\sin(A+\omega)}{\sin \omega} \geq \frac{4p_a l_a + a^2}{2bc} \text{ (and analogs) (9)}$$

From (9) we obtain:

$$\frac{1}{\sin \omega} \geq \frac{4p_a l_a + a^2}{2bc} \text{ (and analogs) (10)}$$

Triangle ABC with sides a, b, c and triangle with sides  $m_a, m_b, m_c$  have same Brocard angle; [6] From  $\frac{1}{\sin \omega} \geq \frac{\sin(A+\omega)}{\sin \omega} = \frac{b}{c} + \frac{c}{b}$  and theorem above we obtain:

$$\frac{1}{\sin \omega} \geq \frac{m_b}{m_c} + \frac{m_c}{m_b} \text{ (and analogs) and from (10) we obtain:}$$

$$\frac{1}{\sin \omega} \geq \frac{1}{2} \left( \frac{4p_a l_a + a^2}{2bc} + \frac{m_b}{m_c} + \frac{m_c}{m_b} \right) \text{ (and analogs) (11)}$$

$$\frac{1}{\sin \omega} \geq \frac{1}{2} \left( \frac{4p_a l_a + a^2}{2bc} + \frac{m_b}{m_a} + \frac{m_a}{m_b} \right) \text{ (and analogs) (12)}$$

$$\frac{1}{\sin \omega} \geq \sqrt{\frac{4p_a l_a + a^2}{2bc} \left( \frac{m_b}{m_c} + \frac{m_c}{m_b} \right)} \text{ (and analogs) (13)}$$

$$\frac{1}{\sin \omega} \geq \sqrt{\frac{4p_a l_a + a^2}{2bc} \left( \frac{m_b}{m_a} + \frac{m_a}{m_b} \right)} \text{ (and analogs) (14)}$$

From  $p_a l_a \leq m_a^2$  (and analogs) and  $\frac{m_a^2}{h_a^2} = 1 + \frac{(b^2 - c^2)^2}{16S^2}$  (and analogs) and

$2S = ah_a = bh_b = ch_c$ ,  $b^2 - c^2 = (b + c)(b - c)$  we obtain:

$$\frac{b+c}{2a} |b-c| \geq \sqrt{p_a l_a - h_a^2} \text{ (and analogs) (15)}$$

From  $p_a l_a \leq m_a^2$  (and analogs) and  $\sum \frac{m_a^2}{h_a^2} = 1 + \frac{1}{2\sin^2 \omega}$  we obtain:

$$1 + \frac{1}{2\sin^2 \omega} \geq \sum \frac{p_a l_a}{h_a^2} \text{ (16)}$$

From Catalan inequality:

$$\begin{aligned} a^2 b (a-b) + b^2 c (b-c) + c^2 a (c-a) &\geq 0 \\ \rightarrow a^3 b + b^3 c + c^3 a &\geq a^2 b^2 + b^2 c^2 + c^2 a^2 \rightarrow \frac{a^3 b + b^3 c + c^3 a}{4S^2} \geq \frac{a^2 b^2 + b^2 c^2 + c^2 a^2}{4S^2} = \frac{1}{\sin^2 \omega} \\ \rightarrow \frac{ab}{h_a^2} + \frac{bc}{h_b^2} + \frac{ca}{h_c^2} &\geq \frac{1}{\sin^2 \omega} \text{ and (16) we obtain:} \end{aligned}$$

$$1 + \frac{1}{2} \left( \frac{ab}{h_a^2} + \frac{bc}{h_b^2} + \frac{ca}{h_c^2} \right) \geq \sum \frac{p_a l_a}{h_a^2} \text{ (17)}$$

From  $4m_a = 2\sqrt{2(b^2 + c^2) - a^2}$  (and analogs) and using AM-GM we obtain:

$$4m_a \sqrt{a^2 + b^2 + c^2} \leq 2(b^2 + c^2) - a^2 + a^2 + b^2 + c^2 = 3(b^2 + c^2) \text{ and}$$

$m_a \geq \sqrt{p_a l_a}$  (and analogs) we obtain:

$$\frac{4}{3} \sqrt{p_a l_a (a^2 + b^2 + c^2)} \leq b^2 + c^2 \text{ (and analogs) (18)}$$

We know that  $bc = 2Rh_a$  (and analogs) and from (18) we obtain:

$$2 \frac{\sqrt{p_a l_a} \sqrt{a^2 + b^2 + c^2}}{h_a} \leq \frac{\sin(A+\omega)}{\sin \omega} = \frac{b}{c} + \frac{c}{b} \text{ (19)}$$

From (19) we obtain:

$$2 \max \left\{ \frac{\sqrt{p_a l_a}}{h_a}, \frac{\sqrt{p_b l_b}}{h_b}, \frac{\sqrt{p_c l_c}}{h_c} \right\} \frac{\sqrt{a^2 + b^2 + c^2}}{3R} \leq \frac{1}{\sin \omega} \text{ (20)}$$

From (19) after summation we obtain:

$$\frac{2\sqrt{a^2 + b^2 + c^2}}{3R} \sum \frac{\sqrt{p_a l_a}}{h_a} \leq \frac{b+c}{a} + \frac{a+c}{b} + \frac{a+b}{c} \text{ (21)}$$

From (21) and  $2S = ah_a = bh_b = ch_c$ ,  $\frac{b}{c} = \frac{h_c}{h_b}$  (and analogs) we obtain:

$$\frac{2\sqrt{a^2 + b^2 + c^2}}{3R} \sum \frac{\sqrt{p_a l_a}}{h_a} \leq \sum \frac{h_b + h_c}{h_a} \text{ (22)}$$

From (19) we obtain:

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$$\frac{2\sqrt{a^2+b^2+c^2}}{3R} \sum \frac{\sqrt{p_a l_a}}{h_a} \leq \sum \frac{\sin(A+\omega)}{\sin \omega} \quad (23)$$

We proved  $\frac{1}{\sin \omega} \geq \frac{m_b}{h_b} + \frac{m_c}{h_c}$  (and analogs) [7,8] and from  $m_a \geq \sqrt{p_a l_a}$  (and analogs) we obtain:

$$\frac{1}{\sin \omega} \geq \frac{\sqrt{p_b l_b}}{h_b} + \frac{\sqrt{p_c l_c}}{h_c} \quad (\text{and analogs}) \quad (24)$$

From  $l_a = \frac{2\sqrt{bc}}{b+c} \sqrt{p(p-a)} = \frac{2\sqrt{bc}}{b+c} \sqrt{r_b r_c} \rightarrow \frac{1}{2} \left( \sqrt{\frac{b}{c}} + \sqrt{\frac{c}{b}} \right) = \frac{\sqrt{r_b r_c}}{l_a}$  (and analogs)

$4 \frac{r_b r_c}{l_a^2} = 2 + \frac{b}{c} + \frac{c}{b} = 2 + \frac{\sin(A+\omega)}{\sin \omega}$  and using (9) we obtain:

$$4 \frac{r_b r_c}{l_a^2} \geq 2 + \frac{4p_a l_a + a^2}{2bc} \quad (\text{and analogs}) \quad (25)$$

From  $m_a l_a \geq p(p-a) = r_b r_c$  (and analogs) (Panaitopol) and (25) we obtain:

$$4 \frac{m_a}{l_a} \geq 2 + \frac{4p_a l_a + a^2}{2bc} \quad (\text{and analogs}) \quad (26)$$

$(a^2 + b^2)(a^2 + c^2) \geq (ab + ac)^2$  (C.B.S inequality)

$m_b \geq \frac{a^2+c^2}{4R}$  (and analogs) (Tereshin Inequality),  $ac=2Rh_b$  (and analogs)

After simple manipulations we obtain:

$2\sqrt{m_b m_c} \geq h_b + h_c$  (and analogs) and using  $m_a \geq \sqrt{p_a l_a}$  (and analogs) we obtain after summation:

$$3\sqrt{m_b m_c} \geq h_b + h_c + \sqrt[4]{p_c l_c p_b l_b} \quad (\text{and analogs}) \quad (27)$$

From  $n_a + g_a \geq 2m_a$  (and analogs) [9]

$2m_a \geq 2\sqrt{p_a l_a}$  (and analogs) we obtain:

$$n_a + g_a \geq 2\sqrt{p_a l_a} \quad (\text{and analogs}) \quad (28)$$

From (28) and  $n_a + g_a \geq 2\sqrt{n_a g_a}$  (and analogs) after summation we obtain:

$$n_a + g_a \geq \sqrt{p_a l_a} + \sqrt{n_a g_a} \quad (\text{and analogs}) \quad (29)$$

From  $\frac{1}{2} (|b-c| + |a-c| + |b-a|) = \max(a, b, c) - \min(a, b, c)$  and (2) we obtain:

$$\max(a, b, c) - \min(a, b, c) \geq \sum \sqrt{p_a l_a} - r_b r_c \quad (30)$$

From  $m_a l_a \geq p(p-a) = r_b r_c$  (and analogs) (Panaitopol) and (2) we obtain:

$$\frac{1}{2} |b-c| \geq \sqrt{l_a(p_a - m_a)} \text{ (and analogs) (31)}$$

From (31) after summation we obtain:

$$\max(a, b, c) - \min(a, b, c) \geq \sum \sqrt{l_a(p_a - m_a)} \text{ (32)}$$

We use the identity:  $\frac{n_a^2}{h_a^2} = 1 + \frac{(b-c)^2}{4r^2}$  (and analogs) and (2) and obtain:

$$\frac{n_a}{h_a} \geq \frac{\sqrt{r^2 + p_a l_a - r_b r_c}}{r} \text{ (and analogs) (33)}$$

From (33) and  $m_a l_a \geq p(p - a) = r_b r_c$  (and analogs) (Panaitopol) we obtain:

$$\frac{n_a}{h_a} \geq \frac{\sqrt{r^2 + l_a(p_a - m_a)}}{r} \text{ (and analogs) (34)}$$

From (33) and  $\frac{1}{h_a} + \frac{1}{h_b} + \frac{1}{h_c} = \frac{1}{r}$  after summation we obtain:

$$1 \geq \sum \frac{\sqrt{r^2 + p_a l_a - r_b r_c}}{n_a} \text{ (35)}$$

From (35) and  $m_a l_a \geq p(p - a) = r_b r_c$  (and analogs) (Panaitopol) we obtain:

$$1 \geq \sum \frac{\sqrt{r^2 + l_a(p_a - m_a)}}{n_a} \text{ (36)}$$

From (33)  $\rightarrow \frac{n_a}{\sqrt{r^2 + p_a l_a - r_b r_c}} \geq \frac{h_a}{r}$  and after summation we obtain:

$$\sum \frac{n_a}{\sqrt{r^2 + p_a l_a - r_b r_c}} \geq \frac{h_a + h_b + h_c}{r} \text{ (37)}$$

$2S = 2pr = ah_a \rightarrow (a + b + c)r = ah_a \rightarrow \frac{h_a}{r} = 1 + \frac{b+c}{a}$  (and analogs)

$$\rightarrow \frac{n_a}{\sqrt{r^2 + p_a l_a - r_b r_c}} \geq 1 + \frac{b+c}{a} \text{ (and analogs) (38)}$$

From (38) we obtain:

$$\prod \left( \frac{n_a}{\sqrt{r^2 + p_a l_a - r_b r_c}} - 1 \right) \geq \frac{(a+b)(b+c)(a+c)}{abc} \text{ (39)}$$

From  $l_a = \frac{2\sqrt{bc}}{b+c} \sqrt{p(p-a)} = \frac{2\sqrt{bc}}{b+c} \sqrt{r_b r_c} \rightarrow l_a l_b l_c = \frac{8abc}{(a+b)(b+c)(a+c)} r_a r_b r_c$  and using (39)

we obtain:

$$\frac{1}{8} \prod \left( \frac{n_a}{\sqrt{r^2 + p_a l_a - r_b r_c}} - 1 \right) \geq \frac{r_a r_b r_c}{l_a l_b l_c} \text{ (40)}$$

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$\frac{R}{2r} = \frac{r_a r_b r_c}{h_a h_b h_c} = \frac{r_a r_b r_c}{l_a l_b l_c} \frac{l_a l_b l_c}{h_a h_b h_c}$  and using (40) we obtain:

$$\frac{l_a l_b l_c}{h_a h_b h_c} \prod \left( \frac{n_a}{\sqrt{r^2 + p_a l_a - r_b r_c}} - 1 \right) \geq \frac{4R}{r} \quad (41)$$

We proved  $\frac{R}{r} \geq \frac{m_b}{h_c} + \frac{m_c}{h_b}$  (and analogs) [8] and using (41) we obtain:

$$\frac{l_a l_b l_c}{h_a h_b h_c} \prod \left( \frac{n_a}{\sqrt{r^2 + p_a l_a - r_b r_c}} - 1 \right) \geq 4 \max \left\{ \frac{m_b}{h_c} + \frac{m_c}{h_b}, \frac{m_b}{h_a} + \frac{m_a}{h_b}, \frac{m_a}{h_c} + \frac{m_c}{h_a} \right\} \quad (42)$$

From  $r_a = \frac{S}{p-a}$ ;  $p-a = \frac{b+c-a}{2} \rightarrow r_a = \frac{2S}{b+c-a}$ ;  $2S = ah_a \rightarrow \frac{r_a}{h_a} = \frac{a}{b+c-a}$  (and analogs)

$\frac{h_a}{r_a} = \frac{b+c-a}{a} \rightarrow \frac{b+c}{a} = 1 + \frac{h_a}{r_a}$  (and analogs) and using (38) we obtain:

$$\frac{n_a}{\sqrt{r^2 + p_a l_a - r_b r_c}} - 2 \geq \frac{h_a}{r_a} \quad (\text{and analogs}) \quad (43)$$

$$\frac{r_a}{h_a} \geq \left[ \frac{n_a}{\sqrt{r^2 + p_a l_a - r_b r_c}} - 2 \right]^{-1} \quad (\text{and analogs}) \rightarrow \frac{R}{2r} \geq \prod \left[ \frac{n_a}{\sqrt{r^2 + p_a l_a - r_b r_c}} - 2 \right]^{-1} \quad (44)$$

$\sin^2 \frac{A}{2} = \frac{r}{2R} \frac{r_a}{h_a} = \frac{r_a - r}{4R}$  (and analogs)  $\rightarrow \frac{r_a}{h_a} = \frac{r_a - r}{2r}$  (and analogs)

$r_a + r_b + r_c = 4R + r \rightarrow \sum \frac{r_a}{h_a} = \frac{2R-r}{r}$ , we obtain:

$$\frac{2R}{r} \geq 1 + \sum \left[ \frac{n_a}{\sqrt{r^2 + p_a l_a - r_b r_c}} - 2 \right]^{-1} \quad (45)$$

From (44) and (45) we obtain:

$$\left( \frac{R}{r} \right)^2 \geq q_1 q_2 \quad (46) \quad \text{where } q_1 = \prod \left[ \frac{n_a}{\sqrt{r^2 + p_a l_a - r_b r_c}} - 2 \right]^{-1}$$

$$q_2 = 1 + \sum \left[ \frac{n_a}{\sqrt{r^2 + p_a l_a - r_b r_c}} - 2 \right]^{-1}$$

From  $\frac{r_a}{h_a} \geq \left[ \frac{n_a}{\sqrt{r^2 + p_a l_a - r_b r_c}} - 2 \right]^{-1}$  (and analogs) and  $r_a + r_b + r_c = 4R + r$  we obtain:  $4R +$

$$r \geq \sum h_a \left[ \frac{n_a}{\sqrt{r^2 + p_a l_a - r_b r_c}} - 2 \right]^{-1} \quad (47)$$

Can be proved that:  $\frac{b+c}{a} = \frac{r_a+r}{r_a-r}$  (and analogs) and using (38) we obtain:

$$\left( \frac{n_a}{\sqrt{r^2 + p_a l_a - r_b r_c}} - 1 \right) (r_a - r) \geq r_a + r \quad (\text{and analogs}) \quad (48)$$

From (48) after summation we obtain:

$$\sum \left( \frac{n_a}{\sqrt{r^2 + p_a l_a - r_b r_c}} - 1 \right) (r_a - r) \geq 4(R+r) \quad (49)$$

Now we use the well-known relation:

$\cos \frac{B-C}{2} = \frac{h_a}{l_a} = \frac{b+c}{a} \sin \frac{A}{2}$  (and analogs) and using (38) we obtain:

$$\sin \frac{A}{2} \left( \frac{n_a}{\sqrt{r^2 + p_a l_a - r_b r_c}} - 1 \right) \geq \frac{h_a}{l_a} \quad (\text{and analogs}) \quad (50)$$

From (50) after summation we obtain:

$$\sum \sin \frac{A}{2} \left( \frac{n_a}{\sqrt{r^2 + p_a l_a - r_b r_c}} - 1 \right) \geq \sum \frac{h_a}{l_a} \quad (51)$$

We use  $\frac{b+c}{a} = \sqrt{\frac{2R}{r}} \frac{h_a}{l_a} \sqrt{\frac{h_a}{r_a}}$  (and analogs) [10] and the inequality:

$\sqrt{\frac{2R}{r}} \geq \frac{r_a + r_b + r_c}{m_a + m_b + m_c} + \frac{p\sqrt{3}}{h_a + h_b + h_c}$  [11], we obtain:

$$\frac{l_a}{h_a} \left( \frac{n_a}{\sqrt{r^2 + p_a l_a - r_b r_c}} - 1 \right) \geq \sqrt{\frac{h_a}{r_a}} \left( \frac{r_a + r_b + r_c}{m_a + m_b + m_c} + \frac{p\sqrt{3}}{h_a + h_b + h_c} \right) \quad (\text{and analogs}) \quad (52)$$

From (52) after summation we obtain:

$$\sum \frac{l_a}{h_a} \left( \frac{n_a}{\sqrt{r^2 + p_a l_a - r_b r_c}} - 1 \right) \geq \left( \frac{r_a + r_b + r_c}{m_a + m_b + m_c} + \frac{p\sqrt{3}}{h_a + h_b + h_c} \right) \sum \sqrt{\frac{h_a}{r_a}} \quad (53)$$

Using (38),  $\frac{b+c}{a} = \sqrt{\frac{2R}{r}} \frac{h_a}{l_a} \sqrt{\frac{h_a}{r_a}}$  (and analogs),

$\sqrt{\frac{2R}{r}} \geq \frac{p\sqrt{3}}{h_a + h_b + h_c} + \sqrt{\frac{r_a + r_b + r_c}{h_a + h_b + h_c} \frac{\sqrt{r_a r_b} + \sqrt{r_b r_c} + \sqrt{r_a r_c}}{l_a + l_b + l_c}}$  [11] we obtain:

$$\sum \frac{l_a}{h_a} \left( \frac{n_a}{\sqrt{r^2 + p_a l_a - r_b r_c}} - 1 \right) \geq \left( \frac{p\sqrt{3}}{h_a + h_b + h_c} + \sqrt{\frac{r_a + r_b + r_c}{h_a + h_b + h_c} \frac{\sqrt{r_a r_b} + \sqrt{r_b r_c} + \sqrt{r_a r_c}}{l_a + l_b + l_c}} \right) \sum \sqrt{\frac{h_a}{r_a}} \quad (54)$$

Using (38),  $\frac{b+c}{a} = \sqrt{\frac{2R}{r}} \frac{h_a}{l_a} \sqrt{\frac{h_a}{r_a}}$  (and analogs),

$\sqrt{\frac{2R}{r}} \geq \frac{r_a + r_b + r_c}{m_a + m_b + m_c} + \sqrt{\frac{r_a + r_b + r_c}{h_a + h_b + h_c} \frac{\sqrt{r_a r_b} + \sqrt{r_b r_c} + \sqrt{r_a r_c}}{l_a + l_b + l_c}}$  [11], we obtain:

$$\sum \frac{l_a}{h_a} \left( \frac{n_a}{\sqrt{r^2 + p_a l_a - r_b r_c}} - 1 \right) \geq \left( \frac{r_a + r_b + r_c}{m_a + m_b + m_c} + \sqrt{\frac{r_a + r_b + r_c}{h_a + h_b + h_c} \frac{\sqrt{r_a r_b} + \sqrt{r_b r_c} + \sqrt{r_a r_c}}{l_a + l_b + l_c}} \right) \sum \sqrt{\frac{h_a}{r_a}} \quad (55)$$

Using (38),  $\frac{b+c}{a} = \sqrt{\frac{2R}{r}} \frac{h_a}{l_a} \sqrt{\frac{h_a}{r_a}}$  (and analogs),  $\sqrt{\frac{2R}{r}} \geq \sqrt{\frac{n_a}{r_a}} + \sqrt{\frac{r_a}{n_a}}$  (and analogs) [11] we obtain:

$$\sum \frac{l_a}{h_a} \left( \frac{n_a}{\sqrt{r^2 + p_a l_a - r_b r_c}} - 1 \right) \geq \sum \sqrt{\frac{h_a}{r_a}} \left( \sqrt{\frac{n_a}{r_a}} + \sqrt{\frac{r_a}{n_a}} \right) \quad (56)$$

From (15),  $\frac{b+c}{a} = \sqrt{\frac{2R}{r}} \frac{h_a}{l_a} \sqrt{\frac{h_a}{r_a}}$  (and analogs) we obtain:

$$\sqrt{\frac{R}{2r}} |b-c| \geq \frac{l_a}{h_a} \sqrt{\frac{r_a}{h_a} (p_a l_a - h_a^2)} \quad (\text{and analogs}) \quad (57)$$

From (57) after summation we obtain:

$$\sqrt{\frac{R}{2r}} (|b-c| + |a-c| + |b-a|) \geq \sum \frac{l_a}{h_a} \sqrt{\frac{r_a}{h_a} (p_a l_a - h_a^2)} \quad (58)$$

$\frac{1}{2} (|b-c| + |a-c| + |b-a|) = \max(a, b, c) - \min(a, b, c)$  we obtain:

$$\sqrt{\frac{2R}{r}} [\max(a, b, c) - \min(a, b, c)] \geq \sum \frac{l_a}{h_a} \sqrt{\frac{r_a}{h_a} (p_a l_a - h_a^2)} \quad (59)$$

From (9) and  $2 \left( 2 \sqrt{\frac{m_a m_b m_c}{l_a h_b h_c}} - 1 \right) \geq \frac{\sin(A+\omega)}{\sin \omega}$  (and analogs) [7] we obtain:

$$2 \sqrt{\frac{m_a m_b m_c}{l_a h_b h_c}} \geq 1 + \frac{4p_a l_a + a^2}{4bc} \quad (\text{and analogs}) \quad (60)$$

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