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U.2597 In any triangle ABC the following relationship holds:

$$(a^4 + 1)(b^4 + 1)(c^4 + 1) \geq \left(6F + \frac{\sqrt{3}}{4} ((a-b)^2 + (b-c)^2 + (c-a)^2) \right)^2$$

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Applying Arkady Alt's inequality $(a^2 + t^2)(b^2 + t^2)(c^2 + t^2) \geq \frac{3}{4}t^4(a + b + c)^2$

(with equality if and only if $a = b = c = \frac{t}{\sqrt{2}}$), it follows that:

$$(a^4 + 1)(b^4 + 1)(c^4 + 1) \geq \frac{3}{4}(a^2 + b^2 + c^2)^2.$$

It suffices to prove that

$$\frac{\sqrt{3}}{2}(a^2 + b^2 + c^2) \geq 6F + \frac{\sqrt{3}}{4}((a-b)^2 + (b-c)^2 + (c-a)^2)$$

$$\frac{\sqrt{3}}{2}(a^2 + b^2 + c^2) \geq 6F + \frac{\sqrt{3}}{4}(2a^2 + 2b^2 + 2c^2 - 2ab - 2bc - 2ca)$$

$$\sqrt{3}(ab + bc + ca) \geq 12F \Leftrightarrow ab + bc + ca \geq 4\sqrt{3}F \quad (1)$$

The inequality (1) is Gordon inequality (item 4. 5 from [1]).

Equality holds if and only if the triangle ABC is equilateral and $a^2 = \frac{1}{\sqrt{2}}$,

$$\text{that is } a = b = c = (2)^{-1/4}.$$

[1] O. Bottema, *Geometric Inequalities*, Groningen 1969

ARKADY ALT'S INEQUALITY

If $t, x, y, z > 0$ then the following relationship holds:

$$(x^2 + t^2)(y^2 + t^2)(z^2 + t^2) \geq \frac{3}{4}t^4(x + y + z)^2$$

with equality if and only if $x = y = z = \frac{t}{\sqrt{2}}$.

Proof: We have

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$$(x^2 + t^2)(y^2 + t^2) \geq \frac{3}{4}t^2((x + y)^2 + t^2) \Leftrightarrow \left(xy - \frac{t^2}{2}\right)^2 + \frac{t^2}{4}(x - y)^2 \geq 0.$$

Applying Cauchy-Buniakovski-Schwarz inequality we obtain

$$\begin{aligned}(x^2 + t^2)(y^2 + t^2)(z^2 + t^2) &\geq \frac{3t^2}{4}((x + y)^2 + t^2)(t^2 + z^2) \geq \\ &\geq \frac{3t^2}{4}(t(x + y) + tz)^2 = \frac{3}{4}t^4(x + y + z)^2.\end{aligned}$$

The equality holds if and only if $x = y = z = \frac{t}{\sqrt{2}}$