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In any ΔABC , the following relationship holds :

$$\frac{1}{\sqrt{2Rr}} \left(\frac{1}{\frac{1}{r_a} + \frac{1}{r_b}} + \frac{1}{\frac{1}{r_b} + \frac{1}{r_c}} + \frac{1}{\frac{1}{r_c} + \frac{1}{r_a}} + R - \frac{r}{2} \right) \geq \frac{h_a}{w_a} + \frac{h_b}{w_b} + \frac{h_c}{w_c} \geq 1 + \frac{9r}{2R} - \frac{r^2}{R^2}$$

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$$\begin{aligned} \sum_{\text{cyc}} \frac{h_a}{w_a} &= \sum_{\text{cyc}} \left(\frac{bc}{2R} \cdot \frac{4R \cos \frac{A}{2} \cos \frac{B-C}{2}}{2bc \cos \frac{A}{2}} \right) \therefore \sum_{\text{cyc}} \frac{h_a}{w_a} = \sum_{\text{cyc}} \cos \frac{B-C}{2} \rightarrow (\text{m}) \\ \text{Now, } \frac{1}{\sqrt{2Rr}} \left(\frac{1}{\frac{1}{r_a} + \frac{1}{r_b}} + \frac{1}{\frac{1}{r_b} + \frac{1}{r_c}} + \frac{1}{\frac{1}{r_c} + \frac{1}{r_a}} R - \frac{r}{2} \right) &= \frac{1}{\sqrt{2Rr}} \cdot \left(\sum_{\text{cyc}} \frac{s(s-a)}{r_b + r_c} + \frac{2R-r}{2} \right) \\ &= \frac{1}{\sqrt{2Rr}} \cdot \left(\sum_{\text{cyc}} \frac{bc \cos^2 \frac{A}{2}}{4R \cos^2 \frac{A}{2}} + \frac{2R-r}{2} \right) = \frac{1}{\sqrt{2Rr}} \cdot \left(\frac{s^2 + 4Rr + r^2}{4R} + \frac{2R-r}{2} \right) \\ \therefore \frac{1}{\sqrt{2Rr}} \left(\frac{1}{\frac{1}{r_a} + \frac{1}{r_b}} + \frac{1}{\frac{1}{r_b} + \frac{1}{r_c}} + \frac{1}{\frac{1}{r_c} + \frac{1}{r_a}} R - \frac{r}{2} \right) &= \frac{1}{\sqrt{2Rr}} \cdot \frac{s^2 + 4R^2 + 2Rr + r^2}{4R} \rightarrow (\text{n}) \\ \text{Now, } \cos \frac{B-C}{2} + \cos \frac{B+C}{2} &= 2 \cos \frac{B}{2} \cos \frac{C}{2} = \frac{2s}{4R} \sec \frac{A}{2} \Rightarrow \cos^2 \frac{B-C}{2} \\ &= \left(\frac{s}{2R} \sec \frac{A}{2} - \sin \frac{A}{2} \right)^2 \Rightarrow \cos^2 \frac{B-C}{2} = \frac{s^2}{4R^2} \sec^2 \frac{A}{2} + \sin^2 \frac{A}{2} - \frac{s}{R} \tan \frac{A}{2} \text{ and analogs} \\ \therefore \sum_{\text{cyc}} \cos^2 \frac{B-C}{2} &= \frac{s^2}{4R^2} \cdot \sum_{\text{cyc}} \sec^2 \frac{A}{2} + \sum_{\text{cyc}} \sin^2 \frac{A}{2} - \frac{1}{R} \sum_{\text{cyc}} s \tan \frac{A}{2} \\ &= \frac{s^2}{4R^2} \cdot \frac{s^2 + (4R+r)^2}{s^2} + \frac{2R-r}{2R} - \frac{R}{R} \\ &= \frac{s^2 + (4R+r)^2 + 2R(2R-r) - 4R(4R+r)}{4R^2} \\ \Rightarrow \sum_{\text{cyc}} \cos^2 \frac{B-C}{2} &= \frac{s^2 + 4R^2 + 2Rr + r^2}{4R^2} \rightarrow (\text{r}) \text{ and } \prod_{\text{cyc}} \cos \frac{B-C}{2} = \\ \prod_{\text{cyc}} \frac{b+c}{a} \cdot \prod_{\text{cyc}} \sin \frac{A}{2} &= \frac{2s(s^2 + 2Rr + r^2)}{4Rrs} \cdot \frac{r}{4R} \Rightarrow \prod_{\text{cyc}} \cos \frac{B-C}{2} = \frac{s^2 + 2Rr + r^2}{8R^2} \\ \text{We have : } \frac{h_a}{w_a} + \frac{h_b}{w_b} + \frac{h_c}{w_c} &\stackrel{\text{via (m)}}{=} \sum_{\text{cyc}} \cos \frac{B-C}{2} \stackrel{\text{CBS}}{\leq} \sqrt{3 \sum_{\text{cyc}} \cos^2 \frac{B-C}{2}} \stackrel{\text{via (r)}}{=} \end{aligned}$$

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$$\sqrt{\frac{3(s^2 + 4R^2 + 2Rr + r^2)}{4R^2}} \stackrel{?}{\leq} \frac{1}{\sqrt{2Rr}} \left(\frac{1}{\frac{1}{r_a} + \frac{1}{r_b}} + \frac{1}{\frac{1}{r_b} + \frac{1}{r_c}} + \frac{1}{\frac{1}{r_c} + \frac{1}{r_a}} + R - \frac{r}{2} \right)$$

$\stackrel{\text{via (n)}}{=} \frac{1}{\sqrt{2Rr}} \cdot \frac{s^2 + 4R^2 + 2Rr + r^2}{4R} \Leftrightarrow s^2 + 4R^2 + 2Rr + r^2 \stackrel{?}{\geq} 24Rr$

Via Gerretsen, LHS of ① $\geq 4R^2 + 18Rr - 4r^2 \stackrel{?}{\geq} 24Rr \Leftrightarrow 2R^2 - 3Rr - 2r^2 \stackrel{?}{\geq} 0$
 $\Leftrightarrow (2R - r)(R - 2r) \stackrel{?}{\geq} 0 \rightarrow \text{true} \because R \stackrel{\text{Euler}}{\geq} 2r \Rightarrow ① \text{ is true}$

$$\therefore \frac{1}{\sqrt{2Rr}} \left(\frac{1}{\frac{1}{r_a} + \frac{1}{r_b}} + \frac{1}{\frac{1}{r_b} + \frac{1}{r_c}} + \frac{1}{\frac{1}{r_c} + \frac{1}{r_a}} + R - \frac{r}{2} \right) \geq \frac{h_a}{w_a} + \frac{h_b}{w_b} + \frac{h_c}{w_c}$$

Again, $\left(\frac{h_a}{w_a} + \frac{h_b}{w_b} + \frac{h_c}{w_c} \right)^2 \stackrel{\text{via (m)}}{=} \sum_{\text{cyc}} \cos^2 \frac{B-C}{2} + 2 \sum_{\text{cyc}} \left(\cos \frac{C-A}{2} \cos \frac{A-B}{2} \right)$

$$\stackrel{\text{via (r)}}{=} \frac{s^2 + 4R^2 + 2Rr + r^2}{4R^2} + 2 \prod_{\text{cyc}} \cos \frac{B-C}{2} \cdot \sum_{\text{cyc}} \frac{1}{\cos \frac{B-C}{2}} \stackrel{\text{via (r)}}{\geq}$$

$$\frac{s^2 + 4R^2 + 2Rr + r^2}{4R^2} + \frac{s^2 + 2Rr + r^2}{4R^2} \cdot (1+1+1)$$

$$\left(\because 0 < \cos \frac{B-C}{2} \leq 1 \text{ and analogs} \right) = \frac{s^2 + R^2 + 2Rr + r^2}{R^2} \stackrel{\text{Gerretsen}}{\geq}$$

$$\frac{R^2 + 18Rr - 4r^2}{R^2} \stackrel{?}{\geq} \left(1 + \frac{9r}{2R} - \frac{r^2}{R^2} \right)^2 = \frac{(2R^2 + 9Rr - 2r^2)^2}{4R^4}$$

$$\Leftrightarrow 36t^3 - 89t^2 + 36t - 4 \stackrel{?}{\geq} 0 \quad \left(t = \frac{R}{r} \right) \Leftrightarrow (t-2)(27t^2 + 9t(t-2) + t+2) \stackrel{?}{\geq} 0$$

$$\rightarrow \text{true} \because t \stackrel{\text{Euler}}{\geq} 2 \therefore \frac{h_a}{w_a} + \frac{h_b}{w_b} + \frac{h_c}{w_c} \geq 1 + \frac{9r}{2R} - \frac{r^2}{R^2} \text{ and so,}$$

$$\frac{1}{\sqrt{2Rr}} \left(\frac{1}{\frac{1}{r_a} + \frac{1}{r_b}} + \frac{1}{\frac{1}{r_b} + \frac{1}{r_c}} + \frac{1}{\frac{1}{r_c} + \frac{1}{r_a}} + R - \frac{r}{2} \right) \geq \frac{h_a}{w_a} + \frac{h_b}{w_b} + \frac{h_c}{w_c} \geq$$

$1 + \frac{9r}{2R} - \frac{r^2}{R^2} \forall \Delta ABC, ''='' \text{ iff } \Delta ABC \text{ is equilateral (QED)}$