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In any ΔABC , the following relationship holds :

$$\frac{3\sqrt{6}r}{\sqrt{R}} \leq \frac{h_a \cdot \sqrt{h_a}}{w_a} + \frac{h_b \cdot \sqrt{h_b}}{w_b} + \frac{h_c \cdot \sqrt{h_c}}{w_c} \leq \frac{2s^2}{3\sqrt{3}r \cdot R}$$

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$$\frac{h_a}{w_a} = \frac{bc}{2R} \cdot \frac{4R \cos \frac{A}{2} \cos \frac{B-C}{2}}{2bc \cos \frac{A}{2}} \therefore \frac{h_a}{w_a} = \cos \frac{B-C}{2} \text{ and analogs} \rightarrow (\text{m})$$

$$\begin{aligned} \text{Now, } \cos \frac{B-C}{2} + \cos \frac{B+C}{2} &= 2 \cos \frac{B}{2} \cos \frac{C}{2} = \frac{2s}{4R} \sec \frac{A}{2} \\ \Rightarrow \cos^2 \frac{B-C}{2} &= \left(\frac{s}{2R} \sec \frac{A}{2} - \sin \frac{A}{2} \right)^2 \end{aligned}$$

$$\Rightarrow \cos^2 \frac{B-C}{2} = \frac{s^2}{4R^2} \sec^2 \frac{A}{2} + \sin^2 \frac{A}{2} - \frac{s}{R} \tan \frac{A}{2} \text{ and analogs}$$

$$\begin{aligned} \therefore \sum_{\text{cyc}} \cos^2 \frac{B-C}{2} &= \frac{s^2}{4R^2} \cdot \sum_{\text{cyc}} \sec^2 \frac{A}{2} + \sum_{\text{cyc}} \sin^2 \frac{A}{2} - \frac{1}{R} \sum_{\text{cyc}} s \tan \frac{A}{2} \\ &= \frac{s^2}{4R^2} \cdot \frac{s^2 + (4R+r)^2}{s^2} + \frac{2R-r}{2R} - \frac{4R+r}{R} \\ &= \frac{s^2 + (4R+r)^2 + 2R(2R-r) - 4R(4R+r)}{4R^2} \end{aligned}$$

$$\Rightarrow \sum_{\text{cyc}} \cos^2 \frac{B-C}{2} = \frac{s^2 + 4R^2 + 2Rr + r^2}{4R^2} \rightarrow (\text{n})$$

$$\text{We have : } \frac{h_a \cdot \sqrt{h_a}}{w_a} + \frac{h_b \cdot \sqrt{h_b}}{w_b} + \frac{h_c \cdot \sqrt{h_c}}{w_c} \stackrel{\text{via (m)}}{=} \sum_{\text{cyc}} \left(\cos \frac{B-C}{2} \cdot \sqrt{h_a} \right) \text{ CBS} \leq$$

$$\sqrt{\sum_{\text{cyc}} \cos^2 \frac{B-C}{2} \cdot \sqrt{\frac{1}{2R} \cdot \sum_{\text{cyc}} ab}} \stackrel{\text{via (n)}}{=} \sqrt{\frac{s^2 + 4R^2 + 2Rr + r^2}{4R^2} \cdot \frac{s^2 + 4Rr + r^2}{2R}} \stackrel{?}{\leq} \frac{2s^2}{3\sqrt{3}r \cdot R}$$

$$\Leftrightarrow 32Rs^4 \stackrel{?}{\geq} 27r(s^2 + 4R^2 + 2Rr + r^2)(s^2 + 4Rr + r^2)$$

$$\Leftrightarrow (32R - 27r)s^4 - r(108R^2 + 162Rr + 54r^2)s^2$$

$$-27r^2(16R^3 + 12R^2r + 6Rr^2 + r^3) \stackrel{\text{?}}{\geq} 0 \text{ and } \because (32R - 27r)(s^2 - 16Rr + 5r^2)^2$$

Gerretsen $\geq 0 \therefore \text{in order to prove (1), it suffices to prove :}$

$$\text{LHS of (1)} \geq (32R - 27r)(s^2 - 16Rr + 5r^2)^2$$

$$\Leftrightarrow (458R^2 - 673Rr + 108r^2)s^2 \stackrel{(2)}{\geq} r(4312R^3 - 5854R^2r + 2641Rr^2 - 324r^3)$$

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Now, LHS of ② $\stackrel{\text{Gerretsen}}{\geq} (458R^2 - 673Rr + 108r^2)(16Rr - 5r^2) \stackrel{?}{\geq}$
 $r(4312R^3 - 5854R^2r + 2641Rr^2 - 324r^3) \Leftrightarrow 754t^3 - 1801t^2 + 613t - 54 \stackrel{?}{\geq} 0$
 $\Leftrightarrow (t-2)(754t^2 - 293t + 27) \stackrel{?}{\geq} 0 \rightarrow \text{true} \because t \stackrel{\text{Euler}}{\geq} 2 \Rightarrow ② \Rightarrow ① \text{ is true}$

$$\therefore \frac{h_a \cdot \sqrt{h_a}}{w_a} + \frac{h_b \cdot \sqrt{h_b}}{w_b} + \frac{h_c \cdot \sqrt{h_c}}{w_c} \leq \frac{2s^2}{3\sqrt{3r} \cdot R}$$

Again, $\frac{h_a \cdot \sqrt{h_a}}{w_a} + \frac{h_b \cdot \sqrt{h_b}}{w_b} + \frac{h_c \cdot \sqrt{h_c}}{w_c} = \sum_{\text{cyc}} \frac{h_a^2}{\sqrt{h_a} \cdot w_a} \stackrel{\text{Bergstrom}}{\geq} \frac{(\sum_{\text{cyc}} h_a)^2}{\sqrt{\sum_{\text{cyc}} h_a} \cdot \sqrt{\sum_{\text{cyc}} w_a^2}} \geq$

$$\frac{(\sum_{\text{cyc}} h_a) \cdot \sqrt{\sum_{\text{cyc}} h_a}}{\sqrt{\sum_{\text{cyc}} s(s-a)}} \stackrel{?}{\geq} \frac{3\sqrt{6r}}{\sqrt{R}} \Leftrightarrow \frac{(s^2 + 4Rr + r^2)^3}{8R^3} \stackrel{?}{\geq} \frac{s^2 \cdot 54r^2}{R}$$

$$\Leftrightarrow (s^2 + 4Rr + r^2)^3 \stackrel{?}{\geq} 432R^2r^2s^2$$

Now, $(s^2 + 4Rr + r^2)^2 \stackrel{?}{\geq} 24Rrs^2 \Leftrightarrow s^4 - (16Rr - 2r^2)s^2 + r^2(4R + r)^2 \stackrel{?}{\geq} 0$

We have : LHS of (i) $\stackrel{\text{Gerretsen}}{\geq} -3r^2s^2 + r^2(4R + r)^2 = r^2((4R + r)^2 - 3s^2)$

Doucet or Trucht $\geq 0 \Rightarrow (i) \text{ is true} \Rightarrow (s^2 + 4Rr + r^2)^2 \geq 24Rrs^2 \rightarrow (a)$

Also, $s^2 + 4Rr + r^2 = 18Rr + s^2 - 14Rr + r^2$

$$= 18Rr + s^2 - 16Rr + 5r^2 + 2r(R - 2r) \stackrel{\text{Gerretsen and Euler}}{\geq} 18Rr \Rightarrow s^2 + 4Rr + r^2 \geq 18Rr$$

$$\rightarrow (b) \therefore (a) \bullet (b) \Rightarrow ③ \text{ is true} \therefore \frac{h_a \cdot \sqrt{h_a}}{w_a} + \frac{h_b \cdot \sqrt{h_b}}{w_b} + \frac{h_c \cdot \sqrt{h_c}}{w_c} \stackrel{?}{\geq} \frac{3\sqrt{6r}}{\sqrt{R}} \text{ and so,}$$

$$\frac{3\sqrt{6r}}{\sqrt{R}} \leq \sum_{\text{cyc}} \frac{h_a \cdot \sqrt{h_a}}{w_a} \leq \frac{2s^2}{3\sqrt{3r} \cdot R} \quad \forall \Delta ABC, " = " \text{ iff } \Delta ABC \text{ is equilateral (QED)}$$