

In any ΔABC , the following relationship holds :

$$4\sqrt{2Rsr} \prod_{cyc} \sqrt{m_a - h_a} \geq |(a-b)(b-c)(c-a)| \geq 4R\sqrt{r} \prod_{cyc} \sqrt{w_a - h_a}$$

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Solution 1 by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} m_a^2 m_b^2 m_c^2 &= \frac{1}{64} (2b^2 + 2c^2 - a^2)(2c^2 + 2a^2 - b^2)(2a^2 + 2b^2 - c^2) \\ &= \frac{1}{64} \left(-4 \sum_{cyc} a^6 + 6 \left(\sum_{cyc} a^4 b^2 + \sum_{cyc} a^2 b^4 \right) + 3a^2 b^2 c^2 \right) \rightarrow (1) \end{aligned}$$

$$\begin{aligned} \sum_{cyc} a^6 &= \left(\sum_{cyc} a^2 \right)^3 - 3(a^2 + b^2)(b^2 + c^2)(c^2 + a^2) \\ &= \left(\sum_{cyc} a^2 \right)^3 + 3a^2 b^2 c^2 - 3 \left(\sum_{cyc} a^2 b^2 \right) \left(\sum_{cyc} a^2 \right) \\ \therefore \sum_{cyc} a^6 &= \left(\sum_{cyc} a^2 \right)^3 + 3a^2 b^2 c^2 - 3 \left(\sum_{cyc} a^2 b^2 \right) \left(\sum_{cyc} a^2 \right) \rightarrow (2) \end{aligned}$$

$$\text{and, } \sum_{cyc} a^4 b^2 + \sum_{cyc} a^2 b^4 = \left(\sum_{cyc} a^2 b^2 \right) \left(\sum_{cyc} a^2 \right) - 3a^2 b^2 c^2 \rightarrow (3)$$

$$\begin{aligned} &\therefore (1), (2), (3) \Rightarrow m_a^2 m_b^2 m_c^2 = \\ &\frac{1}{64} \left(-4 \left(\sum_{cyc} a^2 \right)^3 - 12a^2 b^2 c^2 + 12 \left(\sum_{cyc} a^2 b^2 \right) \left(\sum_{cyc} a^2 \right) \right. \\ &\quad \left. + 6 \left(\sum_{cyc} a^2 b^2 \right) \left(\sum_{cyc} a^2 \right) - 18a^2 b^2 c^2 + 3a^2 b^2 c^2 \right) \\ &= \frac{1}{64} \left(-4 \left(\sum_{cyc} a^2 \right)^3 + 18 \left(\sum_{cyc} a^2 b^2 \right) \left(\sum_{cyc} a^2 \right) - 27a^2 b^2 c^2 \right) \\ &= \frac{-32(s^2 - 4Rr - r^2)^3 + 36(s^2 - 4Rr - r^2)(s^2 + 4Rr + r^2)^2 - 576Rrs^2(s^2 - 4Rr - r^2) - 432R^2 r^2 s^2}{64} \\ &\Rightarrow m_a^2 m_b^2 m_c^2 = \frac{s^6 - s^4(12Rr - 33r^2) - s^2(60R^2 r^2 + 120Rr^3 + 33r^4) - r^3(4R + r)^3}{16} \rightarrow (m) \end{aligned}$$

$$\begin{aligned}
 & \text{Now, } \left(4 \cdot \sqrt{2Rsr} \cdot \prod_{\text{cyc}} \sqrt{m_a - h_a} \right)^2 = 32Rsr \cdot \prod_{\text{cyc}} \frac{m_a^2 - h_a^2}{m_a + h_a} \geq \\
 & \quad \frac{4Rsr}{m_a m_b m_c} \cdot \prod_{\text{cyc}} \left(\frac{(b-c)^2}{4} + \frac{s(s-a)(b-c)^2}{a^2} \right) \\
 & = \frac{4Rsr}{m_a m_b m_c} \cdot \frac{1}{64 \cdot 16R^2 r^2 s^2} \cdot \prod_{\text{cyc}} (b+c)^2 \cdot \prod_{\text{cyc}} (b-c)^2 \stackrel{?}{\geq} \prod_{\text{cyc}} (b-c)^2 \\
 & \Leftrightarrow s(s^2 + 2Rr + r^2)^2 \stackrel{?}{\geq} 64Rr \prod_{\text{cyc}} m_a \stackrel{\text{via (m)}}{\Leftrightarrow} s^2(s^2 + 2Rr + r^2)^4 \geq \\
 & 256R^2 r^2 (s^6 - s^4(12Rr - 33r^2) - s^2(60R^2 r^2 + 120Rr^3 + 33r^4) - r^3(4R + r)^3) \\
 & \quad \Leftrightarrow s^2(s^2 + 2Rr + r^2)^4 \\
 & -256R^2 r^2 (s^6 - s^4(12Rr - 33r^2) - s^2(60R^2 r^2 + 120Rr^3 + 33r^4) - r^3(4R + r)^3) \\
 & \quad \stackrel{?}{\geq} 0 \text{ and } \therefore P = (s^2 - 16Rr + 5r^2)^5 + (88Rr - 21r^2)(s^2 - 16Rr + 5r^2)^4 \\
 & \quad + 8r^2(355R^2 - 185Rr + 22r^2)(s^2 - 16Rr + 5r^2)^3 \\
 & \quad + 8r^3(5652R^3 - 5463R^2 r + 1164Rr^2 - 92r^3)(s^2 - 16Rr + 5r^2)^2 \\
 & + 16r^4(24705R^4 - 37890R^3 r + 14868R^2 r^2 - 1624Rr^3 + 96r^4)(s^2 - 16Rr + 5r^2) \\
 & \quad \stackrel{\text{Gerretsen}}{\geq} 0 \therefore \text{in order to prove } (*), \text{ it suffices to prove : LHS of } (*) \geq P \\
 & \Leftrightarrow 104976t^5 - 203877t^4 + 129384t^3 - 28152t^2 + 1696t - 80 \geq 0 \left(t = \frac{R}{r} \right) \Leftrightarrow \\
 & (t-2)(104976t^4 + 6075t^3 + 141534t^2 + 254916t + 511528) + 1022976 \geq 0 \\
 & \quad \rightarrow \text{true (strict inequality)} \therefore t \stackrel{\text{Euler}}{\geq} 2 \Rightarrow (*) \text{ is true} \\
 & \therefore 4 \cdot \sqrt{2Rsr} \cdot \prod_{\text{cyc}} \sqrt{m_a - h_a} \geq |(a-b)(b-c)(c-a)| \\
 & \text{Again, } \left(4R \cdot \sqrt{r} \cdot \prod_{\text{cyc}} \sqrt{w_a - h_a} \right)^2 = 16R^2 r \cdot \prod_{\text{cyc}} \frac{w_a^2 - h_a^2}{w_a + h_a} \leq \\
 & \quad \frac{2R^2 r}{h_a h_b h_c} \cdot \prod_{\text{cyc}} \left(\frac{s(s-a)(b-c)^2}{a^2} - \frac{s(s-a)(b-c)^2}{(b+c)^2} \right) \\
 & = \frac{2R^3 r}{2r^2 s^2} \cdot \frac{\prod_{\text{cyc}} (4s^2(s-a)^2)}{16R^2 r^2 s^2 \cdot \prod_{\text{cyc}} (b+c)^2} \cdot \prod_{\text{cyc}} (b-c)^2 \\
 & = \frac{R^3}{rs^2} \cdot \frac{64s^6 \cdot r^4 s^2}{16R^2 r^2 s^2 \cdot 4s^2 (s^2 + 2Rr + r^2)^2} \cdot \prod_{\text{cyc}} (b-c)^2 \stackrel{?}{\leq} \prod_{\text{cyc}} (b-c)^2 \\
 & \Leftrightarrow (s^2 + 2Rr + r^2)^2 \stackrel{?}{\geq} Rrs^2 \rightarrow \text{true (strict inequality)} \therefore s^2 + 2Rr + r^2 > s^2, Rr \\
 & \therefore 4R \cdot \sqrt{r} \cdot \prod_{\text{cyc}} \sqrt{w_a - h_a} \leq |(a-b)(b-c)(c-a)| \text{ and so,} \\
 & 4 \cdot \sqrt{2Rsr} \cdot \prod_{\text{cyc}} \sqrt{m_a - h_a} \geq |(a-b)(b-c)(c-a)| \geq 4R \cdot \sqrt{r} \cdot \prod_{\text{cyc}} \sqrt{w_a - h_a}
 \end{aligned}$$

$\forall \Delta ABC, " = " \text{ iff } \Delta ABC \text{ is isosceles (QED)}$

Solution 2 by Mohamed Amine Ben Ajiba-Tanger-Morocco

We will prove that

$$2a(m_a - h_a) \geq (b - c)^2 \geq \frac{a^2(w_a - h_a)}{\sqrt{s(s-a)}}. \quad (1)$$

We have

$$\begin{aligned} 2a(m_a - h_a) &\stackrel{?}{\geq} (b - c)^2 \Leftrightarrow 2am_a \geq 4F + (b - c)^2 \\ \Leftrightarrow a^2(2b^2 + 2c^2 - a^2) &\geq 16F^2 + 8F(b - c)^2 + (b - c)^4 \\ &\Leftrightarrow a^2(2b^2 + 2c^2 - a^2) - 2(a^2b^2 + b^2c^2 + c^2a^2) + (a^4 + b^4 + c^4) \geq \\ &\geq 8F(b - c)^2 + (b - c)^4 \\ \Leftrightarrow (b^2 - c^2)^2 &\geq 8F(b - c)^2 + (b - c)^4 \Leftrightarrow 4(b - c)^2(bc - 2F) \geq 0 \\ &\Leftrightarrow 4(b - c)^2bc(1 - \sin A) \geq 0, \end{aligned}$$

which is true. So the proof of the left side of inequality (1) is complete.

$$\begin{aligned} (b - c)^2 &\stackrel{?}{\geq} \frac{a^2(w_a - h_a)}{\sqrt{s(s-a)}} \Leftrightarrow (b - c)^2 \geq a^2 \left(\frac{2\sqrt{bc}}{b+c} - \frac{2\sqrt{(s-b)(s-c)}}{a} \right) \\ &\Leftrightarrow (b - c)^2 \geq a \cdot \frac{4a^2bc - (b+c)^2[a^2 - (b-c)^2]}{2(b+c)(a\sqrt{bc} + (b+c)\sqrt{(s-b)(s-c)})} \\ &\Leftrightarrow 1 \geq \frac{a \cdot 4s(s-a)}{2(b+c)(a\sqrt{bc} + (b+c)\sqrt{(s-b)(s-c)})}, \end{aligned}$$

which is true because $b + c = s + (s - a) \geq 2\sqrt{s(s - a)}$,

$$bc = s(s - a) + (s - b)(s - c) \geq s(s - a).$$

So the proof of the right side of inequality (1) is complete.

Using the inequality (1), we have

$$\prod_{cyc} \sqrt{2a} \cdot \sqrt{m_a - h_a} \geq |(a - b)(b - c)(c - a)| \geq \prod_{cyc} \frac{a}{\sqrt[4]{s(s-a)}} \cdot \sqrt{w_a - h_a}$$

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$$\Leftrightarrow 4\sqrt{2Rsr} \cdot \prod_{cyc} \sqrt{m_a - h_a} \geq |(a-b)(b-c)(c-a)| \geq 4R\sqrt{r} \cdot \prod_{cyc} \sqrt{w_a - h_a},$$

as desired. Equality holds iff $\triangle ABC$ is isosceles.