

ROMANIAN MATHEMATICAL MAGAZINE

In any $\triangle ABC$ the following relationship holds :

$$3 - \sqrt{2} + \frac{R}{\sqrt{2}r} \geq \frac{m_a}{w_a} + \frac{m_b}{w_b} + \frac{m_c}{w_c} \geq 3 + \frac{3(R - 2r)}{2(13R - 2r)}$$

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$$\sum_{cyc} \frac{m_a}{w_a} = \sum_{cyc} \frac{(b+c)m_a}{2\sqrt{bc \cdot s(s-a)}} \stackrel{CBS}{\geq} \frac{1}{2} \sqrt{\sum_{cyc} \frac{(b+c)^2}{bc} \cdot \sum_{cyc} \frac{m_a^2}{s(s-a)'}}$$

with

$$\begin{aligned} \sum_{cyc} \frac{(b+c)^2}{bc} &= \frac{\sum_{cyc} a(b+c)^2}{abc} = \frac{2s(s^2+r^2+10Rr)}{4Rrs} \stackrel{Gerretsen}{\geq} \frac{4R^2+14Rr+4r^2}{2Rr} \\ \sum_{cyc} \frac{m_a^2}{s(s-a)} &= \sum_{cyc} \frac{2(b^2+c^2)-a^2}{4s(s-a)} = \frac{1}{4s} \sum_{cyc} \left(\frac{2(a^2+b^2+c^2)-3s^2}{s-a} + 3(s+a) \right) = \\ &= \frac{1}{4s} \left(\frac{[2(a^2+b^2+c^2)-3s^2](4R+r)}{sr} + 15s \right) = \frac{1}{4s} \left(\frac{(s^2-4r^2-16Rr)(4R+r)}{sr} + 15s \right) = \\ &= \frac{R+4r}{r} - \frac{(4R+r)^2}{s^2} \stackrel{Gerretsen-Blundon}{\geq} \frac{R+4r}{r} - \frac{2(2R-r)}{R} = \frac{R^2+2r^2}{Rr} \end{aligned}$$

then

$$\begin{aligned} \sum_{cyc} \frac{m_a}{w_a} &\leq \frac{\sqrt{(R^2+2r^2)(2R^2+7Rr+2r^2)}}{2Rr} \stackrel{?}{\geq} 3 - \sqrt{2} + \frac{R}{\sqrt{2}r} \\ &\stackrel{squaring}{\Leftrightarrow} \frac{(R-2r)(3(4\sqrt{2}-5)R^2+8Rr+2r^2)}{4R^2r} \geq 0 \end{aligned}$$

which is true and the proof of the left side of the desired inequality is complete.

$$\begin{aligned} \sum_{cyc} \frac{m_a}{w_a} &= \sum_{cyc} \frac{m_a w_a}{w_a^2} \geq \sum_{cyc} \frac{s(s-a)}{w_a^2} = \sum_{cyc} \frac{(b+c)^2}{4bc} = \frac{\sum_{cyc} a(b+c)^2}{4abc} = \frac{2s(s^2+r^2+10Rr)}{16Rrs} \\ &\stackrel{Gerretsen}{\geq} \frac{26Rr-4r^2}{8Rr} = 3 + \frac{R-2r}{4R} \stackrel{Euler}{\geq} 3 + \frac{3(R-2r)}{2(13R-2r)} \end{aligned}$$

So the proof is complete. Equality holds iff $\triangle ABC$ is equilateral.