

In any ΔABC , the following relationship holds :

$$\frac{1}{4}s^2 \cdot \sqrt{s^2 - 16Rr + 21r^2} \leq m_a m_b m_c \leq \frac{1}{4}s^2 \cdot \sqrt{s^2 - 11Rr + 11r^2}$$

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$$\begin{aligned} m_a^2 m_b^2 m_c^2 &= \frac{1}{64} (2b^2 + 2c^2 - a^2)(2c^2 + 2a^2 - b^2)(2a^2 + 2b^2 - c^2) \\ &= \frac{1}{64} \left(-4 \sum_{\text{cyc}} a^6 + 6 \left(\sum_{\text{cyc}} a^4 b^2 + \sum_{\text{cyc}} a^2 b^4 \right) + 3a^2 b^2 c^2 \right) \rightarrow (1) \end{aligned}$$

$$\sum_{\text{cyc}} a^6 = \left(\sum_{\text{cyc}} a^2 \right)^3 - 3(a^2 + b^2)(b^2 + c^2)(c^2 + a^2)$$

$$= \left(\sum_{\text{cyc}} a^2 \right)^3 + 3a^2 b^2 c^2 - 3 \left(\sum_{\text{cyc}} a^2 b^2 \right) \left(\sum_{\text{cyc}} a^2 \right)$$

$$\therefore \sum_{\text{cyc}} a^6 = \left(\sum_{\text{cyc}} a^2 \right)^3 + 3a^2 b^2 c^2 - 3 \left(\sum_{\text{cyc}} a^2 b^2 \right) \left(\sum_{\text{cyc}} a^2 \right) \rightarrow (2) \text{ and,}$$

$$\sum_{\text{cyc}} a^4 b^2 + \sum_{\text{cyc}} a^2 b^4 = \left(\sum_{\text{cyc}} a^2 b^2 \right) \left(\sum_{\text{cyc}} a^2 \right) - 3a^2 b^2 c^2 \rightarrow (3)$$

$$\therefore (1), (2), (3) \Rightarrow m_a^2 m_b^2 m_c^2 =$$

$$\frac{1}{64} \left(-4 \left(\sum_{\text{cyc}} a^2 \right)^3 - 12a^2 b^2 c^2 + 12 \left(\sum_{\text{cyc}} a^2 b^2 \right) \left(\sum_{\text{cyc}} a^2 \right) \right. \\ \left. + 6 \left(\sum_{\text{cyc}} a^2 b^2 \right) \left(\sum_{\text{cyc}} a^2 \right) - 18a^2 b^2 c^2 + 3a^2 b^2 c^2 \right)$$

$$= \frac{1}{64} \left(-4 \left(\sum_{\text{cyc}} a^2 \right)^3 + 18 \left(\sum_{\text{cyc}} a^2 b^2 \right) \left(\sum_{\text{cyc}} a^2 \right) - 27a^2 b^2 c^2 \right)$$

$$= \frac{-32(s^2 - 4Rr - r^2)^3 + 36(s^2 - 4Rr - r^2)(s^2 + 4Rr + r^2)^2 - 576Rrs^2(s^2 - 4Rr - r^2) - 432R^2r^2s^2}{64}$$

$$\Rightarrow m_a^2 m_b^2 m_c^2 =$$

$$\frac{s^6 - s^4(12Rr - 33r^2) - s^2(60R^2r^2 + 120Rr^3 + 33r^4) - r^3(4R + r)^3}{16} \rightarrow (m)$$

$$\begin{aligned} \therefore (m) \Rightarrow m_a m_b m_c &\geq \frac{1}{4} s^2 \cdot \sqrt{s^2 - 16Rr + 21r^2} \\ \Leftrightarrow s^6 - s^4(12Rr - 33r^2) - s^2(60R^2r^2 + 120Rr^3 + 33r^4) - r^3(4R + r)^3 \\ &\geq s^4(s^2 - 16Rr + 21r^2) \end{aligned}$$

$$\Leftrightarrow (4R + 12r)s^4 - r(60R^2 + 120Rr + 33r^2)s^2 - r^2(4R + r)^3 \stackrel{(*)}{\geq} 0$$

Now, LHS of (*) $\stackrel{\text{Gerretsen}}{\geq} (4R + 12r)(16Rr - 5r^2)s^2 - r(60R^2 + 120Rr + 33r^2)s^2 - r^2(4R + r)^3 \stackrel{?}{\geq} 0 \Leftrightarrow (4R^2 + 52Rr - 93r^2)s^2 - r(4R + r)^3 \stackrel{?}{\geq} 0 \quad (**)$

Again, LHS of (**) $\stackrel{\text{Gerretsen}}{\geq} (4R^2 + 52Rr - 93r^2)(16Rr - 5r^2) - r(4R + r)^3 \stackrel{?}{\geq} 0$

$$\Leftrightarrow 4r(191R^2 - 440Rr + 116r^2) \stackrel{?}{\geq} 0 \Leftrightarrow (R - 2r)(191R - 58r) \stackrel{?}{\geq} 0 \rightarrow \text{true}$$

$$\therefore R \stackrel{\text{Euler}}{\geq} 2r \Rightarrow (**) \Rightarrow (*) \text{ is true } \therefore m_a m_b m_c \geq \frac{1}{4} s^2 \cdot \sqrt{s^2 - 16Rr + 21r^2}$$

and also, via (m), $m_a m_b m_c \leq \frac{1}{4} s^2 \cdot \sqrt{s^2 - 11Rr + 11r^2}$

$$\Leftrightarrow -(11Rr - 11r^2)s^4 \geq -s^4(12Rr - 33r^2) - s^2(60R^2r^2 + 120Rr^3 + 33r^4) - r^3(4R + r)^3$$

$$\Leftrightarrow (R - 22r)s^4 + r(60R^2 + 120Rr + 33r^2)s^2 + r^2(4R + r)^3 \stackrel{(\bullet)}{\geq} 0$$

and (•) is trivially true if $R - 22r \geq 0$ and so, we now focus on the case when :

$$\begin{aligned} R - 22r < 0 \text{ and then : LHS of } (\bullet) &\stackrel{\text{Gerretsen}}{\geq} (R - 22r)(4R^2 + 4Rr + 3r^2)s^2 \\ &+ r(60R^2 + 120Rr + 33r^2)s^2 + r^2(4R + r)^3 \stackrel{?}{\geq} 0 \end{aligned}$$

$$\Leftrightarrow (4R^3 - 24R^2r + 35Rr^2 - 33r^3)s^2 + r^2(4R + r)^3 \stackrel{?}{\geq} 0 \quad (\bullet\bullet)$$

and (••) is trivially true if $4R^3 - 24R^2r + 35Rr^2 - 33r^3 \geq 0$ and so, we now focus on the case when : $4R^3 - 24R^2r + 35Rr^2 - 33r^3 < 0$ and then :

$$\text{LHS of } (\bullet\bullet) \stackrel{\text{Gerretsen}}{\geq}$$

$$(4R^3 - 24R^2r + 35Rr^2 - 33r^3)(4R^2 + 4Rr + 3r^2) + r^2(4R + r)^3 \stackrel{?}{\geq} 0$$

$$\Leftrightarrow 16t^5 - 80t^4 + 120t^3 - 16t^2 - 15t - 98 \stackrel{?}{\geq} 0 \quad \left(t = \frac{R}{r}\right)$$

$$\Leftrightarrow (t - 2) \left((t - 2)(6t^3 + 2t(t^2 - 4) + 8t^2(t - 2) + 16) + 81 \right) \stackrel{?}{\geq} 0 \rightarrow \text{true}$$

$$\therefore t \stackrel{\text{Euler}}{\geq} 2 \Rightarrow (\bullet\bullet) \Rightarrow (\bullet) \text{ is true } \therefore m_a m_b m_c \leq \frac{1}{4} s^2 \cdot \sqrt{s^2 - 11Rr + 11r^2} \text{ and so,}$$

$$\frac{1}{4} s^2 \cdot \sqrt{s^2 - 16Rr + 21r^2} \leq m_a m_b m_c \leq \frac{1}{4} s^2 \cdot \sqrt{s^2 - 11Rr + 11r^2} \quad \forall \Delta ABC,$$

" = " iff ΔABC is equilateral (QED)