ROMANIAN MATHEMATICAL MAGAZINE

In $\triangle ABC$ the following relationship holds:

$$\frac{1}{\sqrt{h_a}} + \frac{2}{\sqrt{r_a}} \le \frac{\sqrt{h_a}}{r}$$

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We need to show:

$$\frac{1}{\sqrt{h_a}} + \frac{2}{\sqrt{r_a}} \le \frac{\sqrt{h_a}}{r} \text{ or } \sqrt{\frac{a}{2F}} + 2\sqrt{\frac{s-a}{F}} \le \frac{1}{r}\sqrt{\frac{2F}{a}}$$

$$or \frac{1}{\sqrt{2F}} \left(\sqrt{a} + 2\sqrt{2(s-a)}\right) \le \frac{1}{r}\sqrt{\frac{2F}{a}} \text{ or } \left(a + 2\sqrt{2(s-a)a}\right) \le \frac{2F}{r}$$

$$or, \left(a + 2\sqrt{2(s-a)a}\right) \le \frac{2rs}{r} \text{ or } \left(a + 2\sqrt{2(s-a)a}\right) \le 2s \text{ True}$$

$$since: \left(a + 2\sqrt{2(s-a)a}\right) \stackrel{AM-GM}{\le} a + \frac{2(s-a)+a}{2} = a + (b+c) = 2s$$

Equality holds for an equilateral triangle.