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In $\triangle ABC$ the following relationships holds:

$$R \geq \frac{1}{2 \sin \frac{A}{2} (1 - \sin \frac{A}{2})} \cdot r$$

$$\frac{\cot \frac{A}{2} (1 + \sin \frac{A}{2})}{1 - \sin \frac{A}{2}} \cdot r \leq s \leq 2 \cos \frac{A}{2} (1 + \sin \frac{A}{2}) \cdot R$$

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We need to show:

$$R \geq \frac{1}{2 \sin \frac{A}{2} (1 - \sin \frac{A}{2})} \cdot r$$

$$\frac{4R}{r} \geq \frac{4}{2 \sin \frac{A}{2} (1 - \sin \frac{A}{2})}$$

$$\frac{1}{\sin \frac{A}{2} \sin \frac{B}{2} \sin \frac{C}{2}} \geq \frac{4}{2 \sin \frac{A}{2} (1 - \sin \frac{A}{2})} \text{ or } 1 - \sin \frac{A}{2} \geq 2 \sin \frac{B}{2} \sin \frac{C}{2}$$

$$1 - \sin \frac{A}{2} \geq \cos \frac{B-C}{2} - \cos \frac{B+C}{2} \text{ or}$$

$$1 - \sin \frac{A}{2} \stackrel{A+B+C=\pi}{\geq} \cos \frac{B-C}{2} - \sin \frac{A}{2} \text{ or } \cos \frac{B-C}{2} \leq 1 \text{ True}$$

We need to show:

$$\frac{\cot \frac{A}{2} (1 + \sin \frac{A}{2})}{1 - \sin \frac{A}{2}} \cdot r \leq s$$

$$\frac{s}{r} \geq \frac{\cot \frac{A}{2} (1 + \sin \frac{A}{2})}{1 - \sin \frac{A}{2}} \text{ or, } \prod \cot \frac{A}{2} \geq \frac{\cot \frac{A}{2} (1 + \sin \frac{A}{2})}{1 - \sin \frac{A}{2}}$$

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$$\cot \frac{B}{2} \cot \frac{C}{2} \geq \frac{(1 + \sin \frac{A}{2})}{1 - \sin \frac{A}{2}}$$

$$\frac{2 \cos \frac{B}{2} \cos \frac{C}{2}}{2 \sin \frac{B}{2} \sin \frac{C}{2}} \geq \frac{(1 + \sin \frac{A}{2})}{1 - \sin \frac{A}{2}} \text{ or } \frac{(\cos \frac{B+C}{2} + \cos \frac{B-C}{2})}{(\cos \frac{B-C}{2} - \cos \frac{B+C}{2})} \geq \frac{(1 + \sin \frac{A}{2})}{1 - \sin \frac{A}{2}}$$

$$\frac{(\sin \frac{A}{2} + \cos \frac{B-C}{2})^{A+B+C=\pi}}{(\cos \frac{B-C}{2} - \sin \frac{A}{2})} \geq \frac{(1 + \sin \frac{A}{2})}{1 - \sin \frac{A}{2}}$$

$$\frac{x + y}{y - x} \stackrel{\sin \frac{A}{2}=x, \cos \frac{B-C}{2}=y}{\geq} \frac{1 + x}{1 - x}$$

$$x + y - x^2 - xy \geq y - x + xy - x^2 \text{ or } 2x \geq 2xy \text{ or } y \leq 1 \text{ or}$$

$$\cos \frac{B-C}{2} \leq 1 \text{ True (A)}$$

We need to show:

$$s \leq 2 \cos \frac{A}{2} (1 + \sin \frac{A}{2}) R \text{ or } \frac{s}{2R} \leq \cos \frac{A}{2} (1 + \sin \frac{A}{2})$$

$$\frac{s}{4R} \leq \frac{1}{2} \cos \frac{A}{2} (1 + \sin \frac{A}{2})$$

$$\prod \cos \frac{A}{2} \leq \frac{1}{2} \cos \frac{A}{2} (1 + \sin \frac{A}{2})$$

$$2 \cos \frac{B}{2} \cos \frac{C}{2} \leq (1 + \sin \frac{A}{2}) \text{ or } \cos \frac{B+C}{2} + \cos \frac{B-C}{2} \leq 1 + \sin \frac{A}{2}$$

$$\text{or, } \sin \frac{A}{2} + \cos \frac{B-C}{2}^{A+B+C=\pi} \leq 1 + \sin \frac{A}{2} \text{ or } \cos \frac{B-C}{2} \leq 1 \text{ True (B)}$$

From (A)&(B):

$$\frac{\cot \frac{A}{2} (1 + \sin \frac{A}{2})}{1 - \sin \frac{A}{2}} \cdot r \leq s \leq 2 \cos \frac{A}{2} (1 + \sin \frac{A}{2}) \cdot R$$