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In $\triangle ABC$ the following relationship holds:

$$6 \le \sum \frac{r_a + r}{r_a - r} \le \frac{3R}{r}$$

Proposed by Marin Chirciu-Romania

Solution by Tapas Das-India

$$\frac{r_a+r}{r_a-r} = \frac{r\left(\frac{s}{s-a}+1\right)}{r\left(\frac{s}{s-a}-1\right)} = \frac{2s-a}{a} = \frac{b+c}{a}$$

 $\sum \frac{r_a + r}{r_a - r} = \sum \frac{b + c}{a} = \sum \left(\frac{b}{a} + \frac{a}{b}\right) \stackrel{AM-GM}{\geq} 2 + 2 + 2 = 6$ $\sum \frac{r_a + r}{r_a - r} = \sum \frac{b + c}{a} = \sum \left(\frac{b}{a} + \frac{a}{b}\right) \stackrel{Bandila}{\leq} \sum \frac{R}{r} = \frac{3R}{r}$

Equality holds for an equilateral triangle.