

ROMANIAN MATHEMATICAL MAGAZINE

In $\triangle ABC$ the following relationship holds:

$$\cos A + \cos B + \cos C + 2 \left(\sec^2 \frac{A}{2} + \sec^2 \frac{B}{2} + \sec^2 \frac{C}{2} \right) \geq \frac{19}{2}$$

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$$\text{Let } x = \cos A, y = \cos B, z = \cos C$$

$$\cos A + \cos B + \cos C = x + y + z = 1 + \frac{r}{R} \stackrel{\text{Euler}}{\leq} \frac{3}{2}$$

$$\begin{aligned} \cos A + \cos B + \cos C + 2 \left(\sec^2 \frac{A}{2} + \sec^2 \frac{B}{2} + \sec^2 \frac{C}{2} \right) &= \sum \left(\cos A + 2 \sec^2 \frac{A}{2} \right) \\ &= \sum \left(\cos A + \frac{4}{2 \cos^2 \frac{A}{2}} \right) = \sum \left(\cos A + \frac{4}{1 + \cos A} \right) = \sum \left(x + \frac{4}{1+x} \right) \end{aligned}$$

$$\text{Lemma: } x + \frac{4}{1+x} \geq \frac{32-7x}{9} \quad \forall x \in \left(0, \frac{3}{2}\right)$$

Proof:

$$9x + 9x^2 + 36 \geq 32 + 32x - 7x - 7x^2$$

$$16x^2 - 16x + 4 \geq 0 \text{ or, } (4x - 2)^2 \geq 0 \text{ true}$$

$$\begin{aligned} \cos A + \cos B + \cos C + 2 \left(\sec^2 \frac{A}{2} + \sec^2 \frac{B}{2} + \sec^2 \frac{C}{2} \right) &= \sum \left(\cos A + 2 \sec^2 \frac{A}{2} \right) = \\ &= \sum \left(\cos A + \frac{4}{2 \cos^2 \frac{A}{2}} \right) = \sum \left(\cos A + \frac{4}{1 + \cos A} \right) = \sum \left(x + \frac{4}{1+x} \right) \geq \sum \frac{32-7x}{9} = \\ &= \frac{96 - 7(x+y+z)}{9} \geq \frac{96 - \frac{7 \cdot 3}{2}}{9} = \frac{192 - 21}{18} = \frac{171}{18} = \frac{19}{2} \end{aligned}$$

$$\text{Equality holds for } x = y = z = \frac{1}{2} \text{ or } A = B = C = \frac{\pi}{3}.$$